Journal of Basic Health

Owner on behalf of Atatürk University Health Services Vocational College

Necati UTLU

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Editor-in-Chief

Gulsah YILDIZ DENIZ

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Associate Editors

Nimet YIGIT

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Mevlut ALBAYRAK

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Fatma GUR

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Ahmet YILMAZ

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Meltem ORAL

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Yılmaz SAHIN

Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey

Foreign Language Editor

Nihal DAŞ

School of foreign languages, Ataturk University, 25240, Erzurum, Turkey

Statistics Editors

Ömer ALKAN

Faculty of Economics and Administrative Sciences, Statistics Department, Ataturk University, 25240, Erzurum, Turkey

Advisory Board

Abdul Vahit DOGAR

Akar KARAKOC

Arzu GEZER

Deniz OZTURK

Elif KANT

Esra BAYRAKCEKEN

Figen ORHAN

Gulsah ALYAR

Omer OMEROGLU

Osman YUCEL

Seda ASKIN

Serap BUZTEPE

Seval USLU

Sureyya OZDEMIR

AIMS AND SCOPE

Journal of Basic Health (JOBAH) is an international, scientific, open access journal published by Atatürk University Health Services Vocational College. The target audience of the journal includes researchers, who are interested or working all multidisciplinary national and international health sciences (midwifery, nursing, medicine, nutrition and dietetics, physical therapy and rehabilitation, etc.). The JOBAH also includes reviews, editorial short notes and letters to the editor that either as a comment related to recently published articles in our journal or as a case report. It is published 3 times a year and publication language of the journal is English.

Processing and publication are free of charge with the Journal. No fees are requested from the authors at any point throughout the evaluation and publication process. Statements or opinions expressed in the manuscripts published in the Journal reflect the views of the author(s) and not the opinions of the Atatürk University Health Services Vocational College, editors, editorial board, and/or publisher; the editors, editorial board, and publisher disclaim any responsibility or liability for such materials.

Editor in Chief: Gülşah YILDIZ DENİZ

Address: Vocational school of health services, Ataturk University, 25240, Erzurum, Turkey
E-mail: gulsah.deniz@atauni.edu.tr
Publisher: Atatürk University
Address: Atatürk University, Yakutiye, Erzurum, Turkey
Publishing Service: AVES
Address: Büyükdere Cad., 105/9 34394 Şişli, İstanbul, Turkey
Phone: +90 212 217 17 00
E-mail: info@avesyayincilik.com
Webpage: www.avesyayincilik.com

Journal of Basic Health (JOBAH)

CONTENTS

RESEARCH ARTICLES

Protection against the cisplatin-induced testis injury by administering Ceratonia siliqua L. extract in Sprague dawley rats

Gulsah Yildiz Deniz, Esra Laloglu, Selim Comaklı, Arzu Gezer, Nimet Yigit.....1

REVIEWS

| Education and Consultancy for Behavior Change in Obesity Management |
|---|
| Süheyla YARALI12 |
| A Study on Kefir, a Popular Drink |
| Oguzhan Basaran, Eyyup Telci |
| The Importance of Health Literacy in Pregnancy |
| Süheyla YARALI |