

CİLT/VOLUME: 3 SAYI/ISSUE: 1  
E-ISSN 2980-0404

HAZİRAN/JUNE 2024  
<https://dergipark.org.tr/tr/pub/saukad>

**SAKARYA ÜNİVERSİTESİ  
KADIN ARAŞTIRMALARI DERGİSİ**

**SAKARYA UNIVERSITY  
JOURNAL OF WOMEN'S STUDIES**



**SAKARYA  
ÜNİVERSİTESİ**

---

# **The Owner on Behalf of Sakarya University**

---

## **Sakarya Üniversitesi Adına İmtiyaz Sahibi**

---

Prof. Dr. Hamza Al  
Sakarya University, Sakarya-Türkiye

---

## **Editor in Chief / Baş Editör**

---

Meryem Küçük  
Urban Sociology and Community Studies  
Sakarya University  
Sakarya-Türkiye  
meryemk@sakarya.edu.tr

---

## **Assistant Editors/ Editör Yardımcıları**

---

Ayşe Bahar Duyar Akça  
Applied and Developmental Psychology  
Sakarya University  
Sakarya-Türkiye

Banu Demirbaş  
Sociology of Gender, Sociology of Migration  
Samsun University  
Samsun-Türkiye

---

## **Editorial Board / Editör Kurulu**

---

Handan Akyigit  
Sociology Department  
Sakarya University  
Sakarya-Türkiye  
hakyigit@sakarya.edu.tr

Aylin Görgün Baran  
Sociology Department  
Hacettepe University  
Ankara-Türkiye  
abaran@hacettepe.edu.tr

Barbara Dell'abate Çelebi  
Türkiye Department of Western Languages and  
Literatures  
Istanbul University  
İstanbul-Türkiye  
barbara.celebi@istanbul.edu.tr

Yasar Suveren  
Sociology Department  
Sakarya University  
Sakarya-Türkiye  
ysuveren@sakarya.edu.tr

Zekiye Turan  
Nursing Department  
Sakarya University  
Sakarya-Türkiye  
zekiyeturan@sakarya.edu.tr

Fatma Zehra Toçoğlu  
Türkiye Department of Middle Eastern Studies  
Sakarya University  
Sakarya-Türkiye  
fztocoglu@sakarya.edu.tr

Hien Vu  
Economist  
Un Consultant  
Vietnam  
vumhien28@gmail.com

Farid Sufian Shuaib  
Law  
International Islamic University  
Malezya  
farid@iium.edu.my

---

## Manuscript Editor / Yazı İşleri Editörü

---

Melek Çaylak  
Sociology  
Üsküdar University  
Istanbul-Türkiye

---

## Field Editors / Alan Editörleri

---

---

### Sociology / Sosyoloji

---

Sevim Atila Demir  
Social Exclusion, Poverty Studies, Sociology of Family Social and Cultural Anthropology, Ethnology Sociology and Relationships  
Sakarya University  
Sakarya-Türkiye

Nursem Keskin Aksay  
B0biological Psychology, Behavioural Neuroscience  
Ibn Haldun University  
Istanbul-Türkiye

---

### Psychology / Psikoloji

---

Nergüz Bulut Serin  
Guidance And Psychological Counselling  
European University of Lefke  
Turkish Republic of Northern Cyprus

Fatih Bal  
B0biological Psychology, Behavioural Neuroscience  
Sakarya University  
Sakarya-Türkiye

Öznur Göçmen  
Social and Personality Psychology  
Sakarya University  
Sakarya-Türkiye

Esra Savaş  
Cognition, Psychotherapy Practice and Research  
Health Psychology  
Yeditepe University  
Istanbul-Türkiye

---

## **Political Science and Public Administration**

## **Siyaset Bilimi ve Kamu Yönetimi**

---

Elif Madakbas Gülener

Political Movements, Political Theory and Political Philosophy, History of Political Thought  
Bursa Uludag University  
Bursa -Türkiye

---

## **Journalism / Gazetecilik**

---

Yusuf Adıgüzel

Communication Studies, Sociology of Migration, Sociology of Communication  
Sakarya University  
Sakarya-Türkiye

---

## **Health Sciences/ Sağlık Bilimleri**

---

Dilek Aygın

Surgical Oncology, Surgical Diseases Nursing  
Sakarya University  
Sakarya-Türkiye

Gönül Kurt

Health Sciences, Obstetrics and Gynaecology Nursing  
University of Health Sciences  
Istanbul-Türkiye

---

## **Educational Sciences / Eğitim Bilimleri**

---

Betül Düşünceli

Guidance And Psychological Counselling  
Sakarya University  
Sakarya-Türkiye

Tuğba Seda Çolak Turan

Education, Guidance and Psychological Counselling  
Duzce University  
Düzce-Türkiye

Hüseyin Çalışkan

Values Education, Social Studies Education  
Sakarya University  
Sakarya-Türkiye

---

## **Business Administration / İşletme**

---

Sima Nart  
Consumer Behaviour  
Sakarya University  
Sakarya-Türkiye

---

## **Engineering / Mühendislik**

---

Mahnaz Gümrükçüoğlu Yiğit  
Climate Change-Effects And Adaptation, Carbon Sequestration Science  
Sakarya University  
Sakarya-Türkiye

---

## **History/ Tarih**

---

Dilara Uslu  
Press Studies, Women's Studies, History of the Republic of Türkiye  
Bilecik Şeyh Edebali University  
Bilecik-Türkiye

---

## **Law / Hukuk**

---

Irmak Koruculu  
Criminal Law  
Sakarya University  
Sakarya-Türkiye

---

## **International Relations / Uluslararası İlişkiler**

---

Muharrem Doğan  
Gender and Politics, Political Sociology, Turkish Foreign Policy  
Recep Tayyip Erdogan University  
Rize-Türkiye

---

## **Secretariat/ Sekreterya**

---

Kader Koca  
Sociology of Change, Underdevelopment and Modernisation  
Sakarya University  
Sakarya-Türkiye

---

## **Preflight Editor/ Ön Kontrol Editörü**

---

Gülistan Ünal  
Ottoman Institutions and Civilisation  
Sakarya University  
Sakarya-Türkiye

---

## **Ethics Editor/ Etik Editörü**

---

Sinem Yıldırımalp  
Gender and Politics, Social Policy  
Sakarya University  
Sakarya-Türkiye

---

## **Statistics Editor/ İstatistik Editörü**

---

Melek Eriş Büyükkaya  
Statistics  
Karadeniz Technical University  
Trabzon-Türkiye

---

## **Turkish Language Editor/ Türkçe Dil Editörü**

---

Zehra Hopyar  
Turkish Political Life, Social Exclusion, Political Anthropology  
Sakarya University  
Sakarya-Türkiye

---

# **English Language Editor/ İngilizce Dil Editörü**

---

Salich Tzampaz

Sociology of Migration, Ethnicity and Multiculturalism, Sociology of Culture  
Sakarya University  
Sakarya-Türkiye

---

## **Technical Editor/ Teknik Editör**

---

Engin Durukan Abdulhakimoğulları

Culture, Representation and Identity, Sociology of Migration, Sociology of Migration, Ethnicity and  
Multiculturalism  
Gendarmerie And Coast Guard Academy

---

## **Layout / Mizanpaj**

---

Mehmet Emin Çolak

Scientific Journals Coordinatorship  
Sakarya University  
Sakarya-Türkiye  
mehmetcolak@sakarya.edu.tr

Yakup Beriş

Scientific Journals Coordinatorship  
Sakarya University  
Sakarya-Türkiye  
yakupberis@sakarya.edu.tr

---

# Indexing

---



Sociology Source  
Ultimate

*SocINDEX*  
*with Full Text*

# Contents

## Research Article

- 1 Intersecting Realities: Body Dysmorphic Disorder and Substance Abuse in Women – A Holistic Treatment Approach  
*Metin Çınaroglu* . . . . . 1-16
- 2 Türkiye'de Sivil Toplum Kuruluşlarında İletişim: Kadın Hakları Odaklı STK'ların İletişim Düzeyi Üzerine Bir Araştırma  
*Communication of Non-Governmental Organizations in Türkiye: A Research on the Communication Level of Women's Rights-Focused NGOs*  
*Filiz Balta Peltekoglu, Kübra Karapınar Eyvel* . . . . . 17-36
- 3 Toplumsal Cinsiyet Eşit(siz)liğinin Eleştirel Analizi: Kızılçık Şerbeti Örneği  
*A Critical Analysis of Gender (In)equality: The Example of Kızılçık Şerbeti*  
*Aykut Siğın, Cansu Çakır* . . . . . 37-54
- 4 Türkiye'de Suriyeli Kadın Üniversite Öğrencilerinin Etnik Grup Aidiyet Algıları ve Gündelik Yaşam Pratiklerinin Toplumsal Cinsiyet ile İlişkisi  
*The Relationship Between Gender and Perceptions of Ethnic Group Belonging and Adaily Life Practices of Syrian Female University Students in Türkiye*  
*Enise Özturna* . . . . . 55-76

## Book Review

- 5 Yeni Bir Hayat Kurmak Kadınlar Anlatıyor: Babalık, Evlilik ve Boşanma  
*Building a New Life Woman Tells: Fatherhood, Marriage and Divorce*  
*Edanur Sağlam* . . . . . 77-82
- 6 Yoksulluk Kıskacında Kadın  
*Women in the Grip of Poverty*  
*Aylin Öztekin* . . . . . 83-88