



**ANKARA ÜNİVERSİTESİ
SPOR BİLİMLERİ FAKÜLTESİ**



SPORMETRE

The Journal of Physical Education and Sport Sciences
**BEDEN EĞİTİMİ VE SPOR BİLİMLERİ
DERGİSİ**

CİLT:24

SAYI: 1

YIL:2026





SPORMETRE

The Journal of Physical Education and Sport
Sciences
Beden Eğitimi ve Spor Bilimleri Dergisi



Ankara Üniversitesi Spor Bilimleri Fakültesi Adına Sahibi – Owner
Dr. Semiyha TUNCEL

Baş Editör – Editor in Chief
Dr. Velittin BALCI, E-posta: vbalci@ankara.edu.tr

Alan Editörleri – Field Editors
Beden Eğitimi ve Spor- Physical Education and Sports Sciences
Dr. Nevin GÜNDÜZ

Hareket ve Antrenman Bilimleri- Movement & Training Sciences
Dr. Fırat Akça

Sporda Psiko-Sosyal Alanlar-Sciences of Sports Health
Dr. Erdem ÇAKALOĞLU

Spor Yönetim Bilimleri- Science of Sport Management
Dr. Halil Erdem AKOĞLU

İngilizce Dil Editörü
Tugay DURMUŞ

Editörler Kurulu – Editorial Board

- | | |
|--|--|
| Dr. Hasan AKA, Gazi University, Faculty of Sport Sciences | Dr. Serkan HAZAR, Sivas Cumhuriyet University, Faculty of Sport Sciences |
| Dr. Z. Burak AKTUĞ, Niğde Ömer Halisdemir University, Faculty of Sport Sciences | Dr. Ekrem Levent İLHAN, Gazi University, Faculty of Sport Sciences |
| Dr. Fırat AKÇA, Ankara University, Faculty of Sport Sciences | Dr. Feride Zişan KAZAK, Ege University, Faculty of Sport Sciences |
| Dr. Kostas ALEXANDRIS, Aristotle University of Thessaloniki | Dr. Ferman KONUKMAN, Qatar University, Department of Physical Education |
| Dr. Antonino BIANCO, Palermo University, Sport and Exercise Sciences | Dr. Mithat KOZ, Eastern Mediterranean University, Faculty of Health Sciences |
| Dr. Jerónimo GARCÍA-FERNÁNDEZ, Universidad de Sevilla, Physical Education and Sport Department | Dr. Caner ÖZGEN, Eskişehir Technical University, Faculty of Sport Sciences |
| Dr. Hannah Huiyuan Bo, Adelphi University, Sport Management | Dr. Ercan POLAT, Yozgat Bozok University, Faculty of Sport Sciences |
| Dr. Caner CENGİZ, Ankara University, Faculty of Sport Sciences | Dr. Hakan SUNAY, Ankara University, Faculty of Sport Sciences |
| Dr. Burcu ERTAŞ DÖLEK, Ankara University, Faculty of Sport Sciences | Dr. Kerem Yıldırım ŞİMŞEK, Eskişehir Technical University, Faculty of Sport Sciences |
| Dr. Jerónimo García-Fernández, Sevilla University, Physical Education and Sport | Dr. Tolga ŞİNOFOROĞLU, Kütahya Dumlupınar University, Faculty of Sport Sciences |
| Dr. Veli Volkan GÜRSES, Bandırma Onyeddi Mart University, Faculty of Sport Sciences | Dr. Cenk TEMEL, Akdeniz University, Faculty of Sport Sciences |
| Dr. Nevin GÜNDÜZ, Ankara University, Faculty of Sport Sciences | Dr. Yalçın UYAR, Ankara University, Faculty of Sport Sciences |
| | Dr. Kadir YILDIZ, Manisa Celal Bayar University, Faculty of Sport Sciences |

Yönetim Yeri – Administration Office
Yazışma Adresi – Correspondence Address
Ankara Üniversitesi Spor Bilimleri Fakültesi, Gölbaşı Yerleşkesi
06830 Gölbaşı - ANKARA / TURKEY
Tel: +90(312) 221 16 01 - Fax: +90(312) 212 29 86
E-mail: spormetre@ankara.edu.tr

5187 Sayılı Basın Yasasına Uygundur
It is proper to press law No: 5187 in Turkey

Dizinlenme Bilgileri

Ankara Üniversitesi Spor Bilimleri Fakültesi SPORMETRE Beden Eğitimi ve Spor Bilimleri Dergisi TÜBİTAK-ULAKBİM, DOAJ: Directory of Open Access Journals, EBSCO SPORTDiscuss Fulltext, EBSCO - Central & Eastern European Academic Source (CEEAS), EBSCO - HW Wilson's Education Full Text, Cab Abstracts, ERIH PLUS (European Reference Index for the Humanities), Ulrich's Periodicals Directory, Ideal online ve Sobiad tarafından dizinlenmektedir.

Abstracting and Indexing Information

Ankara University Faculty of Sport Sciences SPORMETRE Journal of Physical Education and Sports Science has been indexed in TÜBİTAK-ULAKBİM, DOAJ: Directory of Open Access Journals, EBSCO SPORTDiscuss Fulltext, EBSCO - Central & Eastern European Academic Source (CEEAS), EBSCO - HW Wilson's Education Full Text, Cab Abstracts, ERIH PLUS (European Reference Index for the Humanities), Ulrich's Periodicals Directory, Ideal online and Sobiad

Ankara Üniversitesi Spor Bilimleri Fakültesi SPORMETRE Beden Eğitimi ve Spor Bilimleri Dergisi
yılıda dört kez yayımlanır ve hakemli bir dergidir. Yaygın sürelidir.

Ankara University Faculty of Sport Sciences SPORMETRE Journal of Physical Education and Sports Sciences in published four times a year.

ISSN: 1304-284X
e-ISSN 2717-6347