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| (Title of the manuscript should be concise, informative, centered and not exceed more than three lines. Titles should be bold, cambria style with 12 pt and written with capital letter. Abbreviations and the authors for scientific taxonomic names should not be used in the title.) | |
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| Research Type: Please specify the type of research  Received: …,Accepted: …..  \*Corresponding author: Please write e- mail address |  |
| **Abstract** | |
| The abstract should contain less than 250 words. Literature citations should be avoided in the abstract. Abstract should be written with Cambria style, 10 pt. Abstract should provide a brief summary of the research, including the; Purpose, Methods, Results and Major conclusions.  **Key Words:** Following the abstract, 3-6 keywords should be given in alphabetical order. The first letter of the keywords should be written in capital letters, each keyword should be separated with comma, not used in the title, but describing the study and useful for a literature search. Authors may wish to consider using MeSH keywords. | |

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| **Özet** |
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# **Main text**

Main text, uploaded on manuscript evaluation system for referee evaluation, should start with the title of the manuscript, but must not include the names of author(s) and their address(es). All pages in each page of the manuscript should be numbered. The manuscript should be organized as following: Manuscript Title, Abstract (English), Keywords, Abstract (Turkish), Keywords, Introduction, Materials and Methods, Results and/or Discussion, Conclusion, Acknowledgement (if necessary), Conflicts of interest, Funding Statement ((if necessary), Authorship, References. All manuscripts should be written in Cambria style with 10 pt. Figures and Tables should be given in main text. It is essential that authors prepare manuscripts according to the journal’s established format and style Paragraph indents should be 0.5 cm. Main headings (Introduction, Materials and Methods, Results and/or Discussion, Conclusion) in the manuscript should be numbered in the order, written with 10 pt and bold letters as just first letters of each word in the main headings should be written with capital letters. Subheadings should be written with 10 pt lower case as italic but not bold.

**1. Introduction**

This part should precisely represent the aim of the research, the hypothesis to be tested, and explain the general approach and objectives by giving related published literature.

**2. Material and Methods**

Materials and Methods used in the study should be given under this heading. If subheading would be given, it should be numbered with main heading number (for example 2.1.) and written in italic. A clear description of current, new or modified methods should be given to provide sufficient information and to allow someone to repeat the work. If a previously published method is used, relevant literature should be cited.

*The ethical dimension of the research*

Studies using human or animal subjects should be approved by the appropriate institutional and local Ministry of Health ethics committees. Ethics committee reports or an equivalent official document may be requested from the authors. Ethics committee number should be stated in the text of the article. For manuscripts involving experimental research on humans, a statement should be included that shows that written, informed consent of patients and volunteers was obtained.

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**3. Results and/or Discussion**

Results should be presented as concise and explanatory without interpretation, and complicated results should be explained by supporting with tables or figures. In statistical analysis, factors found to be significant should be presented by giving the details of experimental designs and statistical comparison methods. Editor may not consider the manuscript to evaluate when statistical analysis is wrong or insufficient. Results should be discussed comparing with the previous study results.

**4. Conclusion**

Obtained results should be presented as shortly and clearly by providing the reader scientific knowledge and practical contributions with a clear understanding of representative data obtained from the experiments. Duplicative words and sentences which are used in results and discussion sections or introduction should be avoided.

**Acknowledgement**

If necessary, a short acknowledgement for the help of all individuals or funding sources that have made a significant contribution during research and producing the manuscript should be expressed in this section.

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**Funding Statement**

Authors must include a Funding Statement in their manuscript. Within this statement please provide details of the sources of financial support for all authors, including grant numbers, for example: “Funding Statement: This work was supported by the Medical Research Council (grant number XXXXXXX)”. Where no specific funding has been provided for research, you should include the following statement: “Funding Statement: This research received no specific grant from any funding agency, commercial or not-for-profit sectors.”

**Authorship**

The SSHS follows the recommendations of the ICMJE, as such a contributing author should be considered to have;

a) made a substantial contribution to the conception and design of the study; or the acquisition, analysis, or interpretation of data in the work;

b) made a substantial contribution to the drafting of the manuscript and/or critical revision for important intellectual content;

c) provided final approval of the submitted manuscript, and;

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**References**

References should be prepared according to the Publication Manual of the American Psychological Association (6th edition). All references cited in the text should also exist in the reference list (and vice versa). The reference list should be organized alphabetically by considering the authors’ surname. References in the text should be written according to the author-year concept and arranged for years (Yilmaz, 2010; Engelen et al., 2018; Rowland & Kuper, 2018). References from the same year but with different authors should be arranged alphabetically (Engelen et al., 2018; Rowland & Kuper, 2018). More than one reference from the same author(s) in the same year must be identified by the letters 'a', 'b', 'c', etc., placed after the year of publication. Web references are recommended to be limited. Authors should not be cited unpublished results and personal communications unless it is necessary. Footnotes should be avoided. If necessary, they may be given shortly at the end of the page where their positions are indicated by asterisk in the text by separating a horizontal straight line. Examples;

**Journal article with single author;**

Lukose, A. (2011). Developing a practice model for Watson's Theory of Caring. *Nurs Sci Q*, 24(1), 27-30. doi: 10.1177/0894318410389073

**Journal article with multiple authors;**

Adams, R.N., Mosher, C.E., Cannady, R.S., Lucette, A., & Kim,Y. (2014). Caregiving experiences predict changes in spiritual well-being among family caregivers of cancer patients. *Psychooncology,* 23(10), 1178–84. doi: 10.1002/pon.3558

**Book;**

South, J., & Blass, B. (2001). *The future of modern genomics* (1st ed.).London: Blackwell.

**Book chapter;**

Cotter, V.T., & Foxwell, A.M. (2015). The meaning of hope in the dying. In: *Oxford Textbook of Palliative Nursing* (4th ed.) (pp. 10-21). Ferrell, B.R., Coyle, N., & Paice, J.A. (Eds.), New York: Oxford University Press.

**Internet Document;**

WHO. (2019). Palliative care. (cited: 2020, January 14) Retrieved from: [https://www.who.int/health- topics/palliative-care](https://www.who.int/health-%20topics/palliative-care)

**Reference to a conference paper**

Yilmaz, S., Kaya, C., Mehmet, D. Children health sciences in Romania Hospitals. IX. International Health Service Congress, 951-956, 10-13 September 2018, Romania.

**Reference to a thesis**

Açıkgöz, S. (1984). The identification of viruses on *Phaseolus vulgaris* L. and their distribution and damages in Erzincan ve Erzurum regions. PhD Thesis. Ataturk University, Institute of Science, p.75, Erzurum, Turkey.

**Figure(s) and Table(s)**

All illustrations (graphics, photographs, electronic artworks etc.) and tables should be given after the references section in the text. The size of figures or tables should be maximum 16x20 cm for single column fitting, and the figure or table width should be maximum 8 cm for double column fitting. Figure files should be provided in high resolution. Color or grayscale photographs (halftones) are required to be in JPG format, at between 300 and 600 dpi. Vertical rules should be avoided in the tables. Each table and figure should be cited in the text, and they should be numbered consecutively in accordance with their appearance in the text (e.g. Table 1, Figure 1). Figure captions and table titles are required to be short and informative and also written with lower case. Figure captions, table titles and data presented in the tables and figures should be written with Times New Roman style in 10 pt font size. All symbols, abbreviations or any notes used in the tables should be explained below the table with a font size of 9 pt and marked with asterisk. Table titles should be placed over the tables, and figure captions should be given at the bottom of the figures. Figures should not be framed with a line. If any abbreviation used in the figure of table, meaning of this abbreviation should be given under the figure or table. Figure and table captions and also footnotes should not be ended with full stop. The point must be used as a decimal separator instead of comma in numerical values or means given in the tables and text.

*Sample table;*

**Table 1.** The demographic characteristics of the participants.

|  |  |
| --- | --- |
| Variable | Mean ± SD |
| Age | 33.6 ± 3.8 |
| BMI | 28.2 ± 3.6 |
| Sex (male/female) | 10/23 |
|  |  |

**OTHER NOTES**

**Abbreviations and symbols**

Non-standard or uncommon abbreviations should be avoided in the article, if essential; they should be defined in their first mention (e.g., live weight gain (LWG). Using of International System of Units (SI) are preferred.

**Units**

SI (The International System of Units) should be used in all manuscripts. Use point (.) as a decimal mark (for example 1.25 instead of 1,25). The use of slash (/) should be avoided in units and leave a space between units (e.g. m s-1 instead of m/s, J s-1 instead of J/s, kg m s-2 instead of kg m/s2). Also leave a space between numbers and symbols (e.g. 4 kg N ha-1, 3 kg m-1 s -2, 20 N m, 1000 s-1, 100 kPa, 22 °C and 29 %), except for the symbols of degree, minute and second (°, ′ and ″). They should be used after numbers (10°, 45', 60" etc.). Abbreviation for liter should be “L” instead of “l”. Symbols must not end with full stop unless they are at the end of sentence (kg instead of kg.).

**Equations**

All equations should be numbered, and the numbers of equations should be placed in right side of the equation as right-aligned and written in the brackets. To write an equation in Word program, math processor should be used, and the main characters in 10 pt, variables in italics and math characters in regular styles should appear in the article. Equations should be numbered consecutively in the text (.... related model is given in Equation 1), if they cited in the text.