



Niğde Ömer Halisdemir Üniversitesi  
Spor Bilimleri Fakültesi

# BEDEN EĞİTİMİ VE SPOR BİLİMLERİ DİRGİSİ

## ARTICLE TURKISH TITLE 14 POINT IN CAPITAL LETTERS (ONK 1 INTERLINEAR SPACE)

## ARTICLE ENGLISH TITLE 14 POINT IN CAPITAL LETTERS (ONK 1 INTERLINEAR SPACE)

(Received): /2020  
(Accepted): /2020

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\* If this article has been presented at any congress, information should be provided.

# Article Turkish Title 14 Point First Letters Capital

## **TURKISH ABSTRACT**

**Turkish Key Words:** 8point8point8point8point8point

# Article English Title 14 Point First Letters Capital

# ENGLISH ABSTRACT

**Key Words:** 8point8point8point8point8point8point8point8point8point8point8point8point

## INTRODUCTION (14 POINT)

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## MATERIAL AND METHOD (14POINT)

### Participants

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In making table; Top Border, Bottom border and Inner horizontal border will be used. The font size used in writing the table can be between 9-11 depending on the size of the table. Single space before and after table.

**Table 1.** Table Title Onk1interlinearspace12point

Personal Information	Variables	f	%
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### Collection of Data

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### Data Analysis

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## FINDING (14 POINT)

In making table; Top Border, Bottom border and Inner horizontal border will be used. The font size used in writing the table can be between 9-11 depending on the size of the table. Single space before and after table.

**Table 2.** Table Title Onk1interlinearspace12point

9point	9point		9point		9point		9point		9point		$\bar{x}$	Ss
	N	%	N	%	N	%	N	%	N	%		
9point	9	2,3	8	2,0	10	2,5	72	18,3	295	74,9	4,61	0,82
9point	4	1,0	18	4,6	21	5,3	115	29,2	236	59,9	4,42	0,86
9point	15	3,8	16	4,1	39	9,9	128	32,5	196	49,7	4,25	1,03
9point	16	4,1	13	3,3	50	12,7	156	39,6	159	40,4	3,38	0,96
9point	17	4,3	15	3,8	37	9,4	123	31,2	202	51,3	4,19	1,05
9point	98	24,9	135	34,3	57	14,5	71	18,0	33	8,4	3,44	1,16
9point	42	10,7	54	13,7	76	19,3	98	24,9	124	31,5	3,52	1,34
9point	57	14,5	98	24,9	149	37,8	57	14,5	33	8,4	2,30	1,32
9point	25	6,3	134	34,0	139	35,3	27	24,6	69	17,5	4,05	1,15
9point	55	14,0	42	10,7	157	39,8	109	27,7	31	7,9	3,72	1,36
9point	57	14,5	43	10,9	162	41,1	102	25,9	30	7,6	3,61	1,35

\*p<0,05 8 point

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## DISCUSSION (14 POINT)

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## REFERANCE (14 POINT)

### **For the article**

Şengür E., Avanoğlu AE., Kutlu Z. (2020). Article title. Journal name. 13(2), 151-159.

### **For the thesis**

Pişkin NE. (2020). Thesis name. Thesis type, School and Institute. City, Country.

### **For the book**

Temel A. (2020). Book title. Print. Printing house, City, Pages,152-157.

### **For paper presentation**

Aktuğ ZB. (2020). Presentation title. Place of presentation. History.

## IN-TEXT REFERENCES

### **Representation at the beginning of the sentence**

References should be given in numbers and as headers.

#### Single author

Şengür, (2020)<sup>16</sup>

#### Two authors

Şengür ve Avanoğlu, (2020)<sup>25</sup>

#### Three or more authors

Kutlu ve ark. (2020)<sup>26</sup>

#### Probe Notation of the Source

Uygulanan vibrasyon antrenmanları kas iççiklerinin primer sonlanmalarının aktivasyonlarının artmasına bağlı olarak kasta kasılmaya katılan sarkomer sayısını artırmaktadır<sup>14</sup>.