

## Supplementary Survey

1. What is your sex?	
a) Female	59.4%
b) Male	40.6%
2. What is your age?	
a) 20–30	26.3%
b) 31–40	40.6%
c) 41–50	19.6%
d) 51–60	9.8%
e) >61	3.7%
3. What is your academic title?	
a) Professor	5.3%
b) Associate Professor	3.8%
c) Assistant Professor/Lecturer	15.8%
d) Orthodontic Specialist Students/Doctoral Student	20.3%
e) Orthodontic Specialist (Orthodontist)	54.1%
f) Retired	0.8%
4. How long have you been working in the orthodontic field including orthodontic residency?	
a) Less than 5 years	23.3%
b) 5–10 years	34.6%
c) 10–15 years	11.3%
d) 15–20 years	6%
e) More than 20 years	24.8%
5. In what kind of orthodontics office will you continue your profession?	
a) State hospital	8.3%
b) Private	52.6%
c) University	39.1%
6. Do you recommend your patients a brush for cleaning the removable appliances that they use?	
a) Yes	94.7%
b) No	5.3%
7. Is the brush that you recommend to your patients for cleaning their removable appliances an extra brush other than the ones they use when brushing their teeth?	
a) Yes I recommend an extra brush	57.1%
b) No, I recommend the patients use the daily toothbrush without an extra brush.	42.9%
8. Do you advise your patients about the hardness of the brush that you have recommended them for cleaning their removable appliances?	
a) Yes, I recommend a soft -bristled brush	7.3%
b) Yes, I recommend a medium-bristled brush	33.9%
c) Yes, I recommend a hard-bristled brush	4.8%
d) No, I don't recommend about the hardness of the brush	54%
9. How often do you recommend your patients to brush their removable appliances?	
a) Less than once a day	0.8%
b) Once a day	27.2%
c) Twice a day	28%
d) Three times a day	32.8%
e) More than three times a day	11.2%
10. Do you recommend your patients the use of a cleaning agent for cleaning their removable appliances besides brushing them?	
a) Yes, I do	76.9%
b) No, I don't	23.1%
11. Do you recommend your patients the use of a cleaning agent for cleaning their removable appliances?	
a) Yes, I do	57.1%
b) No, I don't	42.9%
12. Which is your recommended cleaning agent for removable appliances?	
a) Toothpaste	27.7%

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|-----|--|-------|
| b)  | Soap   | 58.4% |
| c)  | Household bleach   | 3%    |
| d)  | Commercial, removable appliance-cleaning tablets   | 65.3% |
| e)  | Commercial mouthwash (mouthrinse)  | 7.9%  |
| f)  | Vinegar  | 9.9%  |
| g)  | Other  | 4.9%  |
| 13. | How often do you recommend your patients to use the cleaning agent you suggested?  |       |
| a)  | Less than once a day   | 14.7% |
| b)  | Once a day   | 32.4% |
| c)  | Twice a day  | 21.6% |
| d)  | Three times a day  | 12.7% |
| e)  | More than three times a day  | 2%    |
| f)  | According to the manufacturers' instructions   | 21.6% |
| g)  | Other  | 7%    |
| 14. | Has the COVID-19 pandemic caused a change in your advice to your patients regarding the cleaning of removable appliances?  |       |
| a)  | Yes  | 22.6  |
| b)  | No   | 77.4% |
| 15. | How did you or your technician disinfect the removable appliance(s) in the control appointments of your patients <u>before</u> the COVID-19 pandemic, when the removable appliances required laboratory treatment?       |       |
| a)  | Soaking in any safe disinfectant available in the clinic   | 72.2% |
| b)  | Soaking in specially manufactured disinfectants for removable appliances   | 17.3% |
| c)  | Rinsing with water   | 0.8%  |
| d)  | Brushing with water  | 1.5%  |
| e)  | Brushing with any safe disinfectant  | 4.5%  |
| f)  | Without any cleaning and disinfection  | 0.8%  |
| g)  | Other  | 2.8%  |
| 16. | How will you or your technician disinfect the removable appliances in the control appointments of your patients after the COVID-19 pandemic when the removable appliances required laboratory treatment? Please explain. |       |