**Title of the Article in the Original Language [[1]](#footnote-1)**

1st Author's Name and Surname [[2]](#footnote-2), 2nd Author's Name and Surname [[3]](#footnote-3), 3d Author's Name and Surname [[4]](#footnote-4) and 4th Author's Name and Surname [[5]](#footnote-5)

**(Will be filled in after acceptance for publication)**

**Abstract**

The abstract should be organized to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words. Abstract should be written in 10 font size and single-spaced. The abstract should be organized in a way to include the purpose, method, findings and results of the article and should not exceed 200 words.

*Keywords:* Self, Self-Esteem, Stress, Coping with Stress, Stress Management

**Title of the Article in the Second Language (e.g. Turkish)**

**Abstract**

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**Introduction**

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**Method**

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**Data Collection Tools**

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**Data Analysis**

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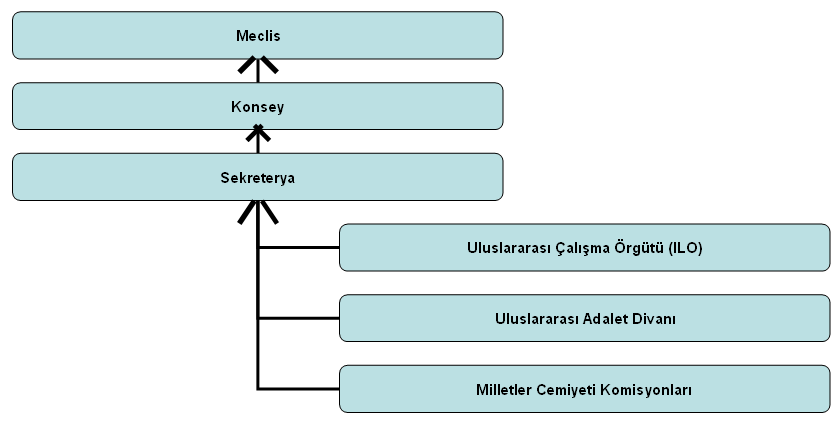
**Findings**

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**Table 1***. Name of the Table*

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**Figure 1.** *Name of the Figure*

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**Picture 1.** *Edward Hallett Carr*

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**Discussion, Conclusion and Recommendations**

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**Ethical Statement**

During the writing process of the study titled *".........................",* scientific rules, ethics and citation rules were followed; no falsification was made on the collected data and this study was not sent to any other academic publication environment for evaluation.

**Note**

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**EXTENDED ABSTRACT**

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