

**(English Title) Medical Nutrition Therapy Approaches …………………………………**

(Turkish Title) Tıbbi Beslenme Tedavisi Yaklaşımları ……………………………………

**ABSTRACT**

(Times New Roman font size of 9 with single line spacing should be used.) Autism spectrum disorder (ASD) is a neurodevelopmental disorder that occurs in the early stages of development, characterized by limitations in social communication and interaction behaviors, repetitive limiting behaviors, and limited interests. ………………………………………………………………………………………………………………………..

**Keywords:** (Replace this text with 3-5 keywords describing the topic of your manuscript. Each keyword, the first letter of which is capitalized, should be divided with a comma.) Autism, …………………

**ÖZET**

(Tek satır aralığı ile 9 punto büyüklüğünde normal Times New Roman yazı tipi kullanılmalıdır.) Otizm spektrum bozukluğu (OSB), gelişimin erken evrelerinde ortaya çıkan, sosyal iletişim ve etkileşim davranışlarındaki kısıtlamalar, tekrarlayıcı sınırlayıcı davranışlar ve sınırlı ilgilerle karakterize edilen nörogelişimsel bir bozukluktur. ........................................................................................................................................................

**Anahtar Kelimeler:** (Makalenizin konusunu açıklayan 3-5 anahtar kelime yazınız. İlk harfi büyük olan her anahtar kelime virgülle ayrılmalıdır.) Beslenme, ........................................

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| *Geliş Tarihi/Received Date:* |  |  |  *Kabul Tarihi/Accepted Date:* |  |  |

**INTRODUCTION**

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Autism Spectrum Disorder (ASD) is characterized by significant impairment in social interaction and communication with restrictive and repetitive behaviors, interests, or activities.1 ASD is a heterogeneous group of diseases that are difficult to diagnose and treat due to the lack of precise and clear information about the cause of the neurodevelopmental disorder.2 Diagnostic criteria include three primary headings apparent inadequacy in social interaction, qualitative inadequacy in communication, and excessive struggle with repetitive interest. 3 …………………………………………………….

**CONCLUSION AND RECOMMENDATIONS**

In conclusion, although the studies are promising, the evidence of diet practices reduce the severity of ASD is limited……………………………………………………………………………..

REFERENCES (References should be written using AMA style.) [Times New Roman 10 points, regular]

1. American Psychiatric Association, DSM-5 Task Force. Diagnostic and statistical manual of mental disorders: DSM-5™ (5th ed.). American Psychiatric Publishing, Inc. Arlington, VA. 2013. doi:10.1176/appi.books.9780890425596
2. Jeste SS, Geschwind DH. Disentangling the heterogeneity of autism spectrum disorder through genetic findings. Nat Rev Neurol. 2014;10(2):74-81. doi:10.1038/nrneurol.2013.278
3. Bell CC. DSM-IV: diagnostic and statistical manual of mental disorders. JAMA. 1994; 272(10): 828-829. doi:10.1001/jama.1994.03520100096046