**The Title Should Be a Maximum of 12 Words, with 14 Font Size and 1.15 Line Spacing[[1]](#footnote-1)**

**Author 1 Name Surname1[[2]](#footnote-2), Author 2 Name Surname 2**

1Manisa Celal Bayar Üniversity, Faculty of Sport Sciences, Manisa.

[https://orcid.org/0000-0000-0000-0000](https://orcid.org/0000-0002-1589-871X)

2 Manisa Celal Bayar Üniversity, Faculty of Sport Sciences, Manisa.

[https://orcid.org/0000-0000-0000-0000](https://orcid.org/0000-0002-1589-871X)

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| --- | --- | --- |
| **Research Article** |  |  |
| Received: …/…/2024 | Accepted: …/…/2024 | Published: …/…/2024  |

**Öz**

Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır. Özet, Times New Roman yazım biçiminde, 9 punto, 1 satır aralığında, 200-250 kelime arasında olmalıdır.

**Anahtar Kelimeler:** Anahtar kelime1, Anahtar kelime2, Anahtar kelime3 (3-5 Kelime).

**Title, Times New Roman, 14 Point**

**Abstract**

The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words. The abstract should be in Times New Roman, 9 font size, 1 line spacing, between 200-250 words.

**Keywords:** Keyword1, Keyword2, Keyword3 (3-5 words).

**INTRODUCTION**

The text of the study should be written in Times New Roman, 12 points, with 1.15 line spacing, justified. In a research article, there should be introduction, method, findings, discussion and conclusion and recommendations sections, respectively. Tables, graphics, figures and pictures to be included in the main text should be shown and numbered at appropriate places in the text. Graphics, figures and pictures should be named and numbered and texts with necessary explanations should be added under them. In in-text table representations, the table number and title must be added above it. At the end of the introduction, the purpose, importance (contribution to the field) and hypotheses of the research must be stated.

**In-text references**

**Single author:**

According to Balıkçı (2019)

(Yıldız, 2022)

(Asma, 2023: 25) When wanting to add a page number

**Two-author:**

According to Güzel and Asma (2022)

(Yıldız ve Balıkçı, 2023)

**When referring to studies with three or more authors, only the surname of the first author is indicated in the in-text references:**

From the first in-text: Güzel et al., (2017) or (Güzel et al., 2017)

**\*\* If more than one reference is required at the end of a paragraph in the text, it should be given in alphabetical order** (Asma, 2023; Balıkçı, 2021; Güzel, 2022; Taş, 2023, Yıldız, 2022).

**\*\*\* Representation of Turkish reference in English studies:**

(Taş & Balıkçı, 2023) veya (Taş and Balıkçı, 2023)

**\*\*\* Representation of the English reference in Turkish studies:**

(Anderson ve Hill 2019)

Main headings (Introduction, Method, Results, Discussion and Conclusion, Suggestions) should either start from the top of the page or leave two blank lines before the heading.

**METHOD**

This part of the research should be carefully arranged by considering scientific research methods and principles. In research other than review studies, the following titles must be included.

**Research Model**

**Universe-Sample (Sampling or Participants)**

**Ethical Approval**

**Data Collection Tools**

**Data Collection**

**Analysis of Data**

**FINDINGS**

In this section, only the findings obtained from the research should be given and comments should be avoided. Tables should be in Times New Roman font, 9-11 points. Comments on tables should be written in 12 points and 1.15 line spacing. However, attention should be paid to the followings:

* Mean in tables “ **X̄** ” or " *M*",
* Standard deviation "*SD*"
* When expressing the mean and standard deviation values in a sentence, the values should be written as (M = 185.20, SD = 17.15).

Table representations should be as follows, and the interpretation of each table must be added below and by referring to the table (Table 1). In the table title, the first letters should be capitalized, the others should be written in lower case. Tables should be placed on a single page if possible, if it does not fit, the section transferred to the other page should start with a new title as a continuation of Table… and the headers in the previous table should be added. Expressions should be left-justified, and numeric values should be right-justified and aligned.

**Table 1.** The name of the table should be written in lowercase letters, except for the first letter, and should be 11 pt.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Variables** | **N** | **X̄**  | **SD** | **%**  | ***t*** | **p** |
| **Health** | 124 | 4.224 | 0.859 | 17,00 | 42.341 | .000\*\*\* |
| **Moral** | 134 | 4.324 | 0.680 | 23,00 | 56.444 | .003\*\* |
| **Ethic** | 143 | 4.052 | 0.662 | 25,00 | 49.774 | .527 |
| **Career** |  70 | 4.376 | 0.601 | 15,00 | 65.611 | .132 |
| **Total** |  90 | 4.253 | 0.551 | 20,00 | 67.095 | .030\* |

\*p<0.05, \*\*p<0.01, \*\*\*p<0.001

**Figures and Graphics should be centered on the page, and the Figure/Graphic number and explanation should be given in the center and below as follows.**

**Graph 1.** Participants .… (11 points)

****

**Figure 1.** Participants… (11 points)

**DISCUSSION AND CONCLUSION**

Discussion and Conclusion section should be written in Times New Roman, 12 font size and 1.15 line spacing. Discussion and Conclusion section should be written in Times New Roman, 12 font size and 1.15 line spacing. Discussion and Conclusion section should be written in Times New Roman, 12 font size and 1.15 line spacing. Discussion and Conclusion section should be written in Times New Roman, 12 font size and 1.15 line spacing. Discussion and Conclusion section should be written in Times New Roman, 12 font size and 1.15 line spacing. Discussion and Conclusion section should be written in Times New Roman, 12 font size and 1.15 line spacing. Discussion and Conclusion section should be written in Times New Roman, 12 font size and 1.15 line spacing.

\*\*\* At the end of this section, research proposals must be added optionally within the section or under the "Suggestions" heading.

**Conflict of Interest:** The statement that there is no personal and financial conflict of interest within the scope of the study or another statement explaining this situation should be used.

**Researchers' Statement of Contribution Rate:** Research Design XY, Statistical analysis XY; Preparation of the article, XY, XY; Data Collection was carried out by XY, XY.

**Ethical Approval**

**Board Name:**

**Date:**

**Issue/Decision Number:**

**REFERENCES (Title 12 points, page centered)**

The references should be arranged according to the APA 7 writing rules. References should be 9 points and one line space (with Enter) should be left between each reference. Doi addresses with the https:// extension, if any, should be added to the end of the articles. Doi addresses should be underlined and in blue color.

**REFERENCE RULES**

If taken from the journal:

**Single author:**

Asma, M. (2023). School based and social media supported micro teaching applications from the perspective of physical education and sport pre-service teachers, *International Journal of Education Technology and Scientific Researches*, *8*(21), 256-313. https://doi.org/10.35826/ijetsar.560

Coffey, A. M. (2014). Using video to develop skills in reflection in teacher education students. *Australian Journal of Teacher Education, 39*(9), 86-97.

Yıldız, K. (2022). Experiential learning from the perspective of outdoor education leaders. *Journal of Hospitality, Leisure, Sport & Tourism Education, 3*(2), 223-232.  [https://doi.org/10.25307/jssr.328103](%20https%3A//doi.org/10.25307/jssr.328103)

**In-text usage**

According to Asma (2023)

(Özsoy, 2014)

(Koç, 2018)

**Studies by two authors:**

Yürük, S., & Asma, M. (2022). Music supported exercises in gymnastic education. *CBÜ Beden Eğitimi ve Spor Bilimleri Dergisi, 17*(2), 450-463. https://doi.org/10.33459/cbubesbd.1182242

Türkmen, İ., ve Yaşartürk, F. (2021). Investigation of the relationship between the strategies of coping with stress through leisure time and learning styles of students in formation education. *Journal of Sport Sciences Research, 6*(2), 459-471. <https://doi.org/10.25307/jssr.972686>

**In-text usage:**

According to Balıkçı (2018)

(Yürük ve Asma, 2022)

(Türkmen ve Yaşartürk, 2021)

**Studies with three or more authors:**

Güzel-Gürbüz, P., Işıkgöz, M. E., Esentaş-Deveci, M., & Yavaş-Tez, Ö. (2022). The Mediating role of recreation awareness in the relationship between Facebook attachment strategies and academic progress behaviors of university students. *Research in Sports Science, 12*(2), 24-33. https://doi.org/10.5152/rss.2022.22008

Balikçi, İ., Tok, S., Zekioğlu, A., Dal, N., Doğan, E., & Çatikkaş, F. (2018). Autonomic cardiac activity among novice archers during baseline shooting and recovery*. Journal of Strength and Conditioning Research, 34*(9), 2627-2635. https://doi.org/10.1519/JSC.0000000000002640

**In-text usage:**

 (Güzel-Gürbüz et al., 2022)

 (Balikçi et al., 2018)

**Scientific Journal Articles without page numbers, with ARTICLE NUMBER instead:**

Deelen, I., Ettema, D., & Kamphuis, C. B. (2018). Sports participation in sport clubs, gyms or public spaces: How users of different sports settings differ in their motivations, goals, and sports frequency. *PLoS ONE, 13*(10), Article e0205198. <https://doi.org/10.1371/journal.pone.0205198>

Yang, Y., Li, Y., & Sun, Y. (2020). Psychometric evaluation of the characteristics of resilience in sports team inventory in China. *PLoS ONE, 15*(6), Article e0234134. https://doi.org/10.1371/journal.pone.0234134

**Scientific journal articles without volume or issue numbers**

**Without volume number, with issue number:**

Tuna, H., Gürpınar, B., Tuz, K., Tekin-Gürgen, E., & Özdemir-İlçin, N. (2021). Üniversite öğrencilerinde müzik dinleme tercihinin fiziksel aktivite, depresyon ve uyku kalitesine etkisi. *Mehmet Akif Ersoy Üniversitesi Sosyal Bilimler Enstitüsü Dergisi*, (34), 29-41. <https://doi.org/10.20875/makusobed.878726>

**With volume number, without issue number:**

Henkel, M. (2005). Academic identity and autonomy in a changing policy environment. *Higher education*, *49*, 155-176. https://doi.org/10.1007/s10734-004-2919-1

If taken from the book:

Single author:

Yıldız, K. (2016). With the dimension of information and communication technologies, sports and communication.Nobel.

Creswell, J. W. (2013). *Qualitative research methods. Qualitative research and research design according to five approaches. (4th edition)*. Siyasal Kitabevi.

**Studies by two authors:**

Fraenkel, J. R., & Wallen, N. E. (2011). *How to design and evaluate research in education (8th ed.).* McGraw-Hill.

Yıldırım, A., ve Şimşek, H. (2011). Qualitative research methods in the social sciences. Seçkin.

Pedersen, P. M., & Thibault, L. (2018). *Contemporary sport management*. Human Kinetics.

Packianathan, C., & Alberto, M. (2006). *Human resource management in Olympic sport organizations.* MEMOS.

**Studies with three or more authors:**

Andrew, D. P., Pedersen, P. M., & McEvoy, C. D. (2019). *Research methods and design in sport management*. Human Kinetics.

McPherson, B. D., Curtis, J. E., & Loy, J. W. (1989). *The Social significance of sport: An Introduction to the sociology*

*of sport*. Kinetics Publisher.

If taken from edited book or edited e-book:

Dillard, J. P. (2020). Currents in the study of persuasion. In M.B. Oliver, A. A. Raney, & J. Bryant (Eds.), *Media effects: Advances in theory and research* (4th Ed., p.115-129). Routlegde.

**If anonymous**

Anonymous. (2000). *Athlete statistics.* TR. Prime Ministry State Institute of Statistics, Publication No: 180.

**Conference proceedings**

Akkoyunlu, B. (2007). Learning styles. Y. Tonta (Ed.), In the proceedings of the Information Management National Symposium (p. 51-71). Ankara: Hacettepe University.

**Dissertations**

Yıldız, K. (2015). The effect of information and communication technologies on intra-organizational communication: The Example of Turkish Orienteering Federation. PhD thesis, Abant İzzet Baysal University, Institute of Social Sciences, Bolu.

**INTERNET REFERENCE SCREENINGS**

**With author**

**Citation in the text:** (Yıldız, 2023)

**Citation in the references:**

Yıldız, K. (2023). *Mission and vision.* <https://gsb.gov.tr/Sayfalar/3756/10/misyon-vizyon.aspx> Access date: 01.01.2023.

**Without author**

**Citation in the text:** (Ministry of Youth and Sports, 2021)

**Citation in the references:**

Ministry of Youth and Sports. (2021). *Misyon, Vizyon.* <https://gsb.gov.tr/Sayfalar/3756/10/misyon-vizyon.aspx> Access date: 16.09.2022.

**Non-dated web page citation (n.d.)**
**Citation in the text:**  (Taş, n.d.)

**Citation in the references:**

Taş, M. (n.d). Dean's Message. Access address  <https://sporbf.mcbu.edu.tr/fakultemiz/dekanamesaj.236.tr.html> Access date: 12.03.2023

**Online dictionary:**

**Citation in the references:**

Turkish Language Institution. (n.d.). Sport. In Contemporary Turkish dictionary. <https://sozluk.gov.tr/> Access date: 16.05.2021.

**Citation in the text:**  (Turkish Language Institution, n.d.).

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1. This study is derived from the author’s “ ……..” titled master/PhD thesis, completed under the supervision of the 2nd author. [↑](#footnote-ref-1)
2. **Corresponding Author:** Name Surname, **E-mail:** namesurname@hotmail.com [↑](#footnote-ref-2)