**The Title of the Article in English**

Name SURNAME¹, Name SURNAME ²\*, Name SURNAME

1Burdur Mehmet Akif Ersoy University, Faculty of Engineering and Architecture, Department of Landscape Architecture, Burdur, Turkey

2-3Burdur Mehmet Akif Ersoy University, Faculty of Arts and Sciences, Department of Nanoscience and Nanotechnology, Burdur, Turkey

1(ORCID: https://orcid.org/0000-0000-0000-0000)

2(ORCID: <https://orcid.org/0000-0000-0000-0000>)

3(ORCID: <https://orcid.org/0000-0000-0000-0000>)

Corresponding Author\*: xxx@xxx.xxx

Phone: 0xxx xxxxxxx

**ABSTRACT**

The abstract must contain a minimum of 100 and a maximum of 200 words. This section should include a summary of the introduction, materials and methods, findings and discussion, and conclusions. No references to tables, figures, or citations should be made in this section. Please introduce abbreviations upon first use (if necessary) in this section and reintroduce them in the full text. Please write the text in accordance with Turkish writing rules, using 'Arial' font, 10-point size, and 1.5 line spacing. If you wish to present your study in Turkish, please provide the title, abstract, and keywords in Turkish in this section; and provide the English title, abstract, and keywords in the section below. Please do not make any changes to the author’s names, affiliations, ORCID information, and corresponding author details.

**Keywords:** Keyword 1, keyword 2, keyword 3, keyword 4, keyword 5, keyword 6 (min. 3, max. 6 keywords)

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**ÖZ**

Öz bölümü en az 100, en fazla 200 kelimeyi geçmemelidir. Bu bölüm giriş, materyal ve yöntem, bulgular ve tartışma ile sonuçlar bölümlerini özetleyen metni içermelidir. Bu bölümde çizelge, şekil veya kaynaklara atıfta bulunulmamalıdır. Lütfen kısaltmalar ilk kez kullanıldığında (gerekirse) bu kısımda tanıtın ve tam metinde tekrar tanıtınız. Metni, Türkçe yazım kurallarına uygun olarak “Arial” fontunda 10 punto olarak ve 1,5 satır aralıkla yazınız. Eğer çalışmanızı Türkçe olarak sunmak istiyorsanız; ilk başlığı, özeti ve anahtar kelimeleri Türkçe olarak üst kısımda; İngilizce başlık, özet ve anahtar kelimeleri ise bu kısımda veriniz. Yazar isimleri, adresleri, ORCID bilgisi ile sorumlu yazar bilgileri kısımlarında lütfen değişiklik yapmayınız.

**Anahtar Kelimeler:** Kelime 1, kelime 2, kelime 3, kelime 4, kelime 5, kelime 6 (en az 3, en fazla 6 anahtar kelime)

**1. INTRODUCTION**

The scope, significance, and contribution of the topic should be presented in a fluent, clear, and well-structured manner with comprehensive and up-to-date literature review, and the aims of the study should be stated at the end of this section.

The text should be in Arial font, 10-point size, with 1.5 line spacing, and justified alignment. Insert the text by leaving one blank line between the 'Introduction' heading and the main text, as well as at the beginning of each paragraph under this heading. Please make sure to check the 'Line and Paragraph Spacing' settings and ensure that the values for 'Before' and 'After' spacing are set to zero (0) in the 'Line Spacing Options' section.

While providing information under each heading, unnecessary repetition should be avoided.

There is no separate 'Literature Review' heading in the journal's writing guidelines. You may include this information under the 'Introduction' heading.

**2. MATERIALS AND METHODS**

Under this heading, the applied methods and techniques should be presented clearly and explicitly.

This section is likewise covered by the explanations given in the second paragraph under the Introduction.

Subheadings may be used within this section. Second-level headings must be written in Arial font, 10-point size, bold, and with the first letter of each word capitalized except for conjunctions. For example: **2.2. Measurement of Physiological Characteristics**. Third-level headings must be written in Arial font, 10-point size, bold, and with only the first letter of the first word capitalized. For example: **2.2.1. Membrane stability index**.

If equations are to be included in the body of the text, they must be presented in a single-row table with two cells and hidden borders. The left cell should contain the equation and be center aligned, while the right cell should include the equation number, aligned to the right, and sized just large enough to fit the number. Equations must be written using the Insert → Symbols → Equation command in Microsoft Word. There must be one line of spacing before and after the equation.

Sample equations:

|  |  |
| --- | --- |
|  | (1) |
|  | (2) |

In these equations, : the relative frequency of ith species, : the number of ith species, N: the total number of individuals across all species, H: the Shannon Diversity Index value and S: the number of species.

**3. RESULTS AND DISCUSSION**

Under this heading, the obtained results should be presented clearly and comprehensively with a well-structured discussion in relation to the relevant literature. If necessary, the results should also be supported with figures and tables. If figures and tables are used, they should be referred to in the text, and this text should precede the respective figure or table.

It is also possible to present the Results and Discussion as separate sections. In this case, only the results obtained from the study should be presented in a straightforward manner under the Results section. **No references should be included in the Results section**. Under the Discussion section, the results should be discussed with the relevant literature, without repeating the results.

Subheadings may be used within the Results and Discussion, Results or Discussion sections (depending on your article sections). The formatting rules for subheadings are provided in the third paragraph of the Materials and Methods section.

Figures and tables must be referred to within the text. The information contained in figures and tables should be legible. Tables should not be submitted as images; they must be created by the authors. Figures included in the text must be prepared at a resolution of 300 dpi and placed in the relevant section. Tables, figures, and equations must be numbered consecutively within their respective categories throughout the manuscript.

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**Figure 1.** Figure display

**Table 1.** In table captions, only the first letter of the first word should be capitalized, and all other words should be written in lowercase

|  |  |  |
| --- | --- | --- |
| **Letter\*** | **Upper case** | **Lower case** |
| Alfa |  |  |
| Beta |  |  |
| Gama |  |  |
| Delta |  |  |
| Eta |  |  |

\*The information in the table should be in Arial font, with a minimum size of 8 points and a maximum of 10 points

**4. CONCLUSION**

Under this heading, the notable results of the study should be presented clearly and concisely. The contribution and significance of the conclusions to science should be emphasized. Additionally, forward-looking suggestions and opinions related to the study’s conclusions may be provided.

**The conclusion section must not be a repetition of the results or materials and methods sections. No references should be included in this section.**

This section is likewise covered by the explanations given in the second paragraph under the Introduction.

**Acknowledgement**

Under this heading, any funding that supports the study should be acknowledged. For example: "This study was supported by the Scientific Research Projects Unit of Burdur Mehmet Akif Ersoy University. Project No: ............".

Additionally, acknowledgments should be extended to individuals and organizations who indirectly contributed to the study. If permission was obtained from companies to conduct the study, this should be mentioned in this section.

This section is likewise covered by the explanations given in the second paragraph under the Introduction.

**Author Contributions**

Under this heading, the author’s contributions to the article should be specified using the information provided on the table below for each author.

|  |  |  |
| --- | --- | --- |
| a. Original Idea | b. Study Design, Methodology | c. Literature Review |
| d. Supervision  | e. Material, Resource Supply  | f. Data Collection |
| g. Data Analysis, Interpretation  | h. Drafting Article | ı. Critical Review |

Name SURNAME of Author 1: (a) Original Idea (b) Study Design, Methodology

Name SURNAME of Author 2: (h) Writing Text, (d) Supervision, (i) Critical Review

Name SURNAME of Author 3: (c) Literature Review

This section is likewise covered by the explanations given in the second paragraph under the Introduction.

**Declaration of Ethical Code**

Under this heading, the following statement must be included.

In this study, we affirm that all the necessary rules under the "Regulation on Scientific Research and Publication Ethics in Higher Education Institutions" have been adhered to, and none of the actions mentioned under the title "Actions Contrary to Scientific Research and Publication Ethics" in the mentioned regulation have been conducted.

Additionally, under this heading, along with one of the above statements, the following information regarding the permission of the ethics committee should be provided for studies requiring ethical committee approval (*committee name, date, and number*).

This section is likewise covered by the explanations given in the second paragraph under the Introduction.

**Conflict of Interest**

Under this heading, if there is no conflict of interest, the statement "*The authors declare no conflict of interest.*" should be included.

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**REFERENCES**

Under this heading, all references cited in the text should be presented in alphabetical order.

The majority of the references used in research articles should be from peer-reviewed journal publications.

There should be no blank lines between the references.

This section is likewise covered by the explanations given in the second paragraph under the Introduction.

When formatting the references, please ensure that the "Hanging" indentation option is selected under the "Special" section of the "Line and Paragraph Spacing" settings, and that **the indentation value is set to 0.5 cm.**

Examples of citation in the text are as follows: (Paivio, 1975), (Cheryan and Meltzoff, 2015), (Frischlich et al., 2021), (Yücedağ, 2015; Bingöl et al., 2021)

The references should be formatted according to **the APA Style Guide 7th edition** (version 22 May 2021).

Examples of commonly used reference types are provided below. For reference types not included here, please refer to the following link:

[https://www.cogitatiopress.com/doc/APA%20Style%20Guide%20(7th%20ed.).pdf](https://www.cogitatiopress.com/doc/APA%20Style%20Guide%20%287th%20ed.%29.pdf)

**Journal Article**

Paivio, A. (1975). Perceptual comparisons through the mind’s eye. *Memory & Cognition*, *3*(1), 635–647.

Cheryan, S., & Meltzoff, A. N. (2015). Cultural stereotypes as gatekeepers. *Frontiers in Psychology, 6*, Article e0214466. https://doi.org/10.3389/fpsyg.2015.00049

Frischlich, L., Hahn, L., & Rieger, D. (2021). The promises and pitfalls of inspirational media: What do we know, and where do we go from here? *Media and Communication*, *9*(2), 162–166. https://doi.org/10.17645/mac.v9i2.4271

**Book**

Kearney, D. J., & Simpson, T. L. (2020). *Concise guides on trauma care. Mindfulness-based interventions for trauma and its consequences*. American Psychological Association. https://doi.org/10.1037/0000154-000

**Book Chapter**

Baker, F. M., & Lightfoot, O. B. (1993). Psychiatric care of ethnic elders. In A. C. Gaw (Ed.), *Culture, ethnicity, and mental illness* (pp. 517-552). American Psychiatric Press.

Scott, D. (2005). Colonial governmentality. In J. X. Inda (Ed.), *Anthropologies of modernity* (pp. 21–49). Retrieved from http://www3.interscience.wiley.com/cgi-bin/bookhome/117909832

**Newspaper Article**

Schwartz, J. (1993, September 30). Obesity affects economic, social status. *The Washington Post*, 1–4.

Carey, B. (2019, March 22). Can we get better at forgetting? *The New York Times*. https://www.nytimes.com/2019/03/22/health/memory-forgetting-psychology.html

Learning to write using APA writing style. (2009, October). *APA Writing Newsletter*. http://www.indwes.edu/ocls/APA/newsletter.pdf

**Report or Study Note**

Hershey Foods Corporation. (2001). *2001 Annual report* (Working Paper No. 3). Wiley.

Queensland Department of Innovation and Tourism Industry Development. (2016). *Advancing tourism 2016*. https://www.publications.qld.gov.au/dataset/advancing-tourism/resource/df997cf7-14fc-47b1-ac99-ddc7f0975967

**Newsletter**

American Psychological Association. (2018, January 31). *Dishonest individuals perceived as less capable* [Press release]. http://www.apa.org/news/press/dishonest-individuals.aspx

**Website**

Cain, K. (2012). *The negative effects of Facebook on communication*. Social Media Today. http://socialmediatoday.com

**Master and Doctoral Dissertations**

Imber, A. (2003). *Applicant reactions to graduate recruitment and selection* [Unpublished doctoral dissertation]. Monash University.

**Conference Proceedings Not Published as a Book**

Whipple, S. (2018, March 6-9). *Control beliefs as a moderator of stress on anxiety* [Paper presentation]. Southeastern Psychological Association 64th Annual Meeting, Charleston, SC, United States.

**Conference Proceedings Published as a Book**

Cismas, S. C. (2010). Educating academic writing skills in engineering. In P. Dondon & O. Martin (Eds.), *Latest trends on engineering education* (pp. 225-247). WSEAS Press.

**Institutional Document**

National Institute of Mental Health. (1990). *Clinical training in serious mental illness* (DHHS Publication No. ADM 90-1679). US Government.

**Article Accepted for Publication**

Hindmoor, A., & McConnell, A. (in press). Why didn’t they see it coming? Warning signs, acceptable risks and the global financial crisis. *Political Studies*.

**Preprint Article**

Hampton, S., Rabagliati, H., Sorace, A., & Fletcher-Watson, S. (2017). *Autism and bilingualism: A qualitative interview study of parents’ perspectives and experiences*. PsyArXiv. https://doi.org/10.31234/osf.io/76xfs

**PowerPoint Presentation**

Park, L. (2011). Effective working teams [PowerPoint presentation]. http://www.company.meetings/teams