**Research Article/Review Article**

Article Title in English

**Abstract**

The abstract should be 150-250 words and indicate the purpose, scope, method, importance, and originality of the study, together with its contribution to the relevant research field. Any information not included in the manuscript should not be given in the abstract. The abstract should not include definitions, descriptions, figures, tables, citations, or references.

**Keywords**: Keyword 1; Keyword 2; Keyword 3; Keyword 4; Keyword 5 (The keywords should provide information about the topic, scope, and content of the manuscript. Up to 5 keywords can be given. Keywords should be separated via semi-colon (;) and written in lower case with the first letter capitalized.)

# INTRODUCTION

The introduction should clearly state the research topic, purpose, scope, and importance of the study. The sections between the introduction and conclusion should be named according to the content of the study. These sections may include literature, method, findings, and discussion. References and (if any) acknowledgments should be added at the end. **The Normal style found in this template should be used when preparing the text.**

# SECTIONS

Section headings should be in capital letters, bold, and 11-point size. **The Heading 1 style found in this template should be used.** No punctuation should be used after section headings. There should be no blank lines before or after the heading.

The main text of the article should be written in 11-point font, justified, single-spaced, and with 6-point line spacing between paragraphs.

In-text citations should use the Emphasis style available in this template. Quotations longer than 40 words should appear in a free-standing block, in italics, 1 cm from the left margin, without quotation marks. Quotations shorter than 40 words should be in double quotation marks within the text. In direct quotations, the page number from which the text was taken should also be added in parentheses to the in-text citation.

All citations in the text must follow the rules of the American Psychological Association [APA Style], version 7 (see https://apastyle.apa.org/style-grammar-guidelines). More detailed information about references can be found at the end of the template.

## Secondary Heading

**For secondary headings, the Heading 2 style in this template should be used.** Only the first letter of the words in this heading should be capitalized, the rest should be written in lowercase. It should be bold, 11-point, and there should be no punctuation before or after the heading.

**For figure descriptions, The Caption style in this template should be used.**

* Each figure should be referenced in the text using the format ‘(Figure 1)’.
* Images (photographs, pictures, graphics, maps, etc.) must be prepared with a resolution of at least 300 dpi and side lengths between 6-18 cm.
* Images should be sent in jpeg format as an attachment to the article.
* If images are to be used consecutively, a blank line should be left between each image.
* The “Figure” text and number should be **plain text, bold font**, and **placed above the figure**.
* Figure titles should be written in **plain text** and the **first letter should be capitalized**.
* There should be no dot at the end of the figure number.
* When necessary, notes should be added for additional explanations and these notes should be placed below the figure.
* If the same figure contains more than one visual, the source indication should be arranged in the following format: “Figure 1. A common description should be added (a) description (Reference: …..,), (b) description (Reference: …..).”

Example of a Figure Formatted According to the Template

**Figure 1** **Child and Environment (Reference: Education & Training, 2024)**



(The space between the text and the table-figure-equation must be 11-point.)

The information given in the ‘Reference’ section in the figure caption should also be provided in the References according to the type of source and by **the APA Style 7th Edition Writing Rules** **and Reference Method**. For example, the figure used here should be provided in the References in the following format:

Education & Training. (2024, 11th December). *Trauma, neglect and building resilience (DAA014).* [Trauma, neglect and building resilience - Tavistock Training](https://tavistockandportman.ac.uk/courses/trauma-neglect-and-building-resilience/)

**For table descriptions, The Caption style in this template should be used.**

* Each table should be referenced in the text using the format ‘(Table 1)’.
* Texts in the table should be written in at least 8-point.
* The text, number, and description of the “Table” should be in 10-point font, **plain text without any blank lines before or after, in bold font,** and **should be placed above the table**.
* Table titles should be written in **plain text** with the **first letter in capital letters**.
* A blank line should be left after the table, if tables are to be used consecutively, a blank line should be left between each table.
* There should be no dot at the end of the table number.
* Notes for the table should be added only if needed.

Example of a Table Formatted According to the Template

**Table 1** **Table Title (Reference: Authors)**

|  |  |  |
| --- | --- | --- |
| **Country** | **Population** | **%** |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

Each equation in the text must be referenced (Equation 1). Each equation must be submitted as editable text, not as an image (**equation editor must be used**). Variables in equations should be written in italics and defined in the text. References to equations, if any, should be given in the text by APA Style, 7th Edition. The International System of Units (Système International d'Unités - SI) must be used for equations. Equations should be numbered sequentially. Depending on the length of the equation, simple equations should be written in 10-point italics and the middle of the page, as in the example below. The equation number should be stated in parentheses after the variable declarations, bold and right aligned.

*N: Population*

*y: Year*

**(Equation 1)**

# (The space between the text and the table-figure-equation should be 11-point.)

# CONCLUSION

In this section, the contribution of the study to the literature, how much the findings support previous studies and theories, and its practical value should be discussed. Figures, tables, and long quotations are not recommended in this section.

# ACKNOWLEDGMENT

This section should list individuals, and public or private organizations that provided technical or scientific assistance or funding for the study. Acknowledgments should not be added anywhere in the text, including footnotes, outside of this section.

# REFERENCES

This section should include all references cited in the text. They should be listed in alphabetical order, without subdivision. The second and subsequent lines of each reference should be indented 1 cm from the left. All references should be organized according to APA Style, 7th Edition. Examples of this style are provided at the end of this guide.

# ADDITION FOR WRITING FORMAT:

## Important Notes Regarding Format

**Tahoma font** should be used in the article. The article must be uploaded in .doc or .docx format on a vertically aligned A4 page. Page margins are set to 2 cm on the left and right sides and 2.5 cm on the top and bottom sides (in MS Word, it can be set under Page Layout > Margins > Custom Margins). Paragraphs should be prepared justified, indented 0 cm from the left or right, single-line spacing, with 0 pt space before and 6 pt space after (In MS Word, it can be set from Paragraph > Indents and Spacing).

**Author names and related information should not be included in the article.**

* The article title should be bold, 14-point, single-spaced, with the first letter of each word capitalized, centered on the page, and the **Title style** in this template should be used.
* The abstract should be 10-point, single-spaced, justified, and the **Normal style** in this template should be used.
* Keywords should be 10-point, single-spaced, justified, and **Normal style** in this template should be used.
* Section headings should be bold, 11-point, single-spaced, with the first letter of each word capitalized, left aligned, and **Heading 1 style** in this template should be used.
* Secondary headings should be bold, 11-point, single-spaced, with the first letter of each word capitalized, left aligned, and use the **Heading 2** style in this template.
* The main text should be 11-points, single-spaced, justified, and **Normal style** in this template should be used.
* Figure descriptions should be 10-point, single-spaced, and centered on the page, and the **Caption style** in this template should be used.
* Table descriptions should be 10-point, single-spaced, and centered on the page, and the **Caption style** in this template should be used.
* Equation descriptions should be 10-point, single-spaced, left-aligned, and in parentheses.
* Footnotes (if any) should be 9-point, single-spaced, and centered on the page.
* Acknowledgment (if any) should be 10-point, single-spaced, and centered on the page.
* References should be 10-point, single-spaced, centered on the page, and **Reference style** in this template should be used.
* There should be a line space after each reference.

## Writing and Citation Rules According to APA Style 7th Edition

Citations and references should be prepared according to APA Style, 7th Version. For more detailed information, please see [Style and Grammar Guidelines](https://apastyle.apa.org/style-grammar-guidelines).

Use the author-date system to cite references in the text. In in-text citations, author information can be given in parentheses or outside (narrative). In parenthetical citations, use the ‘&’ symbol between names for a work with two authors, or place the ‘&’ symbol before the last author when all names must be included. In narrative citations, use the conjunction ‘and’ instead of the ‘&’ symbol.

Table 3. >In-text Citations (Reference: APA, 2020)

|  |  |  |
| --- | --- | --- |
| **Author Type** | **Parenthetical Citations** | **Narrative Citations** |
| Single Author | (Luna, 2020) | Luna (2020) |
| Two Authors | (Salas & D’Agostino, 2020) | Salas ve D’Agostino (2020) |
| Three or More Authors | (Martin et al., 2020) | Martin et al. (2020) |
| Group Author with Abbreviation  First Citation a  Subsequent Citations | (Türk Mühendis ve Mimar Odaları Birliği [TMMOB], 2020)  (TMMOB, 2020) | Türk Mühendis ve Mimar Odaları Birliği (TMMOB, 2020)  TMMOB (2020) |
| Group Author without Abbreviation | (Stanford University, 2020) | Stanford University (2020) |

a Select either parenthetical or narrative citation format, citing the group author abbreviation only once and only the first time it occurs in the text. Then always use the abbreviation the group is mentioned in the text.

Here are compelling examples of various reference styles that can enhance your writing and improve clarity.

**Journal Article**

Edwards, A. A., Steacy, L. M., Siegelman, N., Rigobon, V. M., Kearns, D. M., Rueckl, J. G., & Compton, D. L. (2022). Unpacking the unique relationship between set for variability and word reading development: Examining word- and child-level predictors of performance. *Journal of Educational Psychology*, 114(6), 1242–1256. https://doi.org/10.1037/edu0000696

**Online Journal Article**

Thomson, J. (2022, September 8). Massive, strange white structures appear on Utah’s Great Salt Lake. *Newsweek*. https://www.newsweek.com/mysterious-mounds-great-salt-lake-utah-explainedmirabilite-1741151

**Printed Journal Article**

Nicholl, K. (2020, May). A royal spark. *Vanity Fair*, 62(5), 56–65, 100.

**Online Newspaper Article**

Roberts, S. (2020, April 9). Early string ties us to Neanderthals. *The New York Times*. https://www.nytimes.com/2020/04/09/science/neanderthals-fiber-string-math.html

**Printed Newspaper Article**

Reynolds, G. (2019, April 9). Different strokes for athletic hearts. *The New York Times*, D4.

**Early View Article**

Latimier, A., Peyre, H., & Ramus, F. (2020). *A meta-analytic review of the benefit of spacing out retrieval practice episodes on retention.* PsyArXiv. https://psyarxiv.com/kzy7u/

**Book**

Kaufman, K. A., Glass, C. R., & Pineau, T. R. (2018). *Mindful sport performance enhancement: Mental training for athletes and coaches*. American Psychological Association. https://doi.org/10.1037/0000048-000

**Book Chapter**

Zeleke, W. A., Hughes, T. L., & Drozda, N. (2020). Home–school collaboration to promote mind–body health. In C. Maykel & M. A. Bray (Eds.), *Promoting mind–body health in schools: Interventions for mental health professionals* (pp. 11–26). American Psychological Association. <https://doi.org/10.1037/0000157-002>

**Conference Paper (Presentation)**

Evans, A. C., Jr., Garbarino, J., Bocanegra, E., Kinscherff, R. T. ve Márquez-Greene, N. (2019, August 8-11). *Gun violence: An event on the power of community* [Conference Presentation]. APA 2019 Convention, Chicago, IL, United States of America. https://convention.apa.org/2019-video

**Conference Paper (Abstract Paper)**

Cacioppo, S. (2019, April 25–28). *Evolutionary theory of social connections: Past, present, and future* [Conference presentation abstract]. Ninety-ninth annual convention of the Western Psychological Association, Pasadena, CA, United States of America. https://westernpsych.org/wpcontent/uploads/2019/04/WPA-Program-2019-Final-2.pdf

**Online Dictionary**

American Psychological Association. (n.d.). Internet addiction. In *APA dictionary of psychology*. Accessed on 24April 2022, https://dictionary.apa.org/internet-addiction

**Institution Report**

World Health Organization. (2014). *Comprehensive implementation plan on maternal, infant and young child nutrition*. https://apps.who.int/iris/bitstream/handle/10665/113048/WHO\_NMH\_NHD\_14.1\_ eng.pdf?ua=1

**Individual Report**

Winthrop, R., Ziegler, L., Handa, R., & Fakoya, F. (2019). *How playful learning can help leapfrog progress in education. Center for Universal Education at Brookings*. https://www.brookings.edu/wp-content/ uploads/2019/04/how\_playful\_learning\_can\_help\_leapfrog\_progress\_in\_education.pdf

**Press Release**

American Psychological Association. (2020, March 2). *APA reaffirms psychologists’ role in combating climate change* [Press release]. https://www.apa.org/news/press/releases/2020/03/combatingclimate-change

**Conference Presentation**

Davidson, R. J. (2019, August 8–11). *Well-being is a skill* [Conference Presentation]. APA 2019 Convention, Chicago, IL, United States. https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/APA2019\_ Program\_190708.pdf

**Thesis (Published)**

Horvath-Plyman, M. (2018). Social media and the college student journey: An examination of how social media use impacts social capital and affects college choice, access, and transition (Publication number. 10937367). [PhD Thesis, New York University]. ProQuest Dissertations and Theses Global.

**Thesis (Unpublished)**

Samson, J. M. (2016). *Human trafficking and globalization* [Unpublished PhD Thesis]. Virginia Polytechnic Institute and State University.

**Dataset**

O’Donohue, W. (2017). *Content analysis of undergraduate psychology textbooks* (ICPSR 21600; Version V1) [Dataset]. Inter-university Consortium for Political and Social Research. https://doi.org/10.3886/ ICPSR36966.v1

**Computer Software**

The jamovi project (2023). *jamovi*. (Version 2.4) [Computer Software]. Retrieved from https://www.jamovi.org.

**Movie or Video**

Docter, P., & Del Carmen, R. (Directors). (2015). *Inside out* [Movie]. Walt Disney Pictures; Pixar Animation Studios.

**Podcast**

Bae, P. (Executive Producer). (2017-günümüz). *The big loop* [Voiced podcast]. QRX. <https://www.thebiglooppodcast.com/>

**Television Series Episode**

Dippold, K. (Writer), & Trim, M. (Director). (2011, April 14). Fancy party (Season 3, Episode 9) [TV series episode]. İçinde G. Daniels, H. Klein, D. Miner, & M. Schur (Producers), *Parks and recreation*. Deedle-Dee Productions; Fremulon; 3 Arts Entertainment; Universal Media Studios.

**Artwork**

van Gogh, V. (1889). The starry night [Painting]. Contemporary Art Museum, New York, NY, United States of America. https://www.moma.org/learn/moma\_learning/vincent-van-gogh-the-starry-night-1889/

**Art Exhibition**

Design for eternity: Architectural models from the ancient Americas [Exhibition]. Metropolitan Art Museum, New York, NY, United States of America. https://www.metmuseum.org/exhibitions/listings/2015/design-for-eternity

**Web Page on News Site**

Machado, J., & Turner, K. (2020, March 7). *The future of feminism*. Vox. https://www.vox.com/ identities/2020/3/7/21163193/international-womens-day-2020

**Web Page with Retrieval Date**

Center for Systems Science and Engineering. (2020, May 6). *COVID-19 dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)*. Johns Hopkins University & Medicine, Coronavirus Resource Center. Accessed on May 6, 2020, <https://coronavirus.jhu.edu/map.html>

**Web Page with Unknown Author**

*Tuscan white bean pasta.* (2018, February 25). Budgetbytes. Accessed on March 18, 2020 retrieved from https://www.budgetbytes.com/tuscan-white-bean-pasta/.

**Web Page with Unknown Date**

National Alliance on Mental Illness. (t.y.). *Mental health conditions.* <https://www.nami.org/Learn-More/Mental-Health-Conditions>

**Brochure**

Cedars-Sinai. (2015). Human papillomavirus (HPV) and oropharyngeal cancer [Brochure]. <https://www.cedarssinai.org/content/dam/cedars>-sinai/cancer/sub-clinical-areas/head-neck/documents/hpv-throat cancerbrochure.pdf

**X Post (Tweet)**

APA Databases [@APA\_Databases]. (2020, September 2). We have curated a collection of journal articles from APA PsycArticles on #COVID19. View: https://bit.ly/2QrWj76 for recent coverage [Image attached] [Post]. X. <https://twitter.com/APA_Databases/status/1301175576703664128>

**Instagram Post**

Philadelphia Museum of Art [@philamuseum]. (2019, December 3). It’s always wonderful to walk in and see my work in a collection where it’s loved, and where people are [Photograph]. Instagram. https://www.instagram.com/p/B5oDnnNhOt4/

**Facebook Post**

News From Science. (2019, June 21). Are you a fan of astronomy? Enjoy reading about what scientists have discovered in our solar system—and beyond? This [Image attached] [Status update]. Facebook. https://www.facebook.com/ScienceNOW/photos/a.11753218510 7/10156268057260108/?type=3&theater

**LinkedIn Post**

American Psychological Association. (2019, December 9). Last month, APA joined more than 40 national and international psychology organizations to explore ways to collaborate and use psychological [Image with link attached] [Post]. LinkedIn. <https://www.linkedin.com/posts/american> psychological-association\_how-psychologists-are-combating-climatechange-activity-6609801161937612800-GvdC

## Figures (pictures, drawings, photographs, maps, graphs) and Tables

The references of all figures and tables should be stated in the in-text citation format (as exemplified above). If figures and/or tables were prepared by the authors specifically for this article (as exemplified above), they should be stated in the figure and/or table descriptions. Citations for figures and tables should be provided in the References section along with other references.

## Other issues related to references and citations:

* References should be listed alphabetically.
* If an author has more than one work in the same year, letters (a, b, c) should be used (e.g., according to Berndt (1981a) ...).
* If authors have the same surname, their initials should be used to avoid confusion (e.g., E. Johnson, 2001; L. Johnson, 1998).
* When there is more than one citation, the references should be listed in alphabetical order by placing a semicolon between two studies (for example, (Akar, H. 2010; Çalışkan, 2008; Dinçer & Kolaşin, 2009; Engin-Demir, 2009; Tunç, 2007).
* APA Style recommends using the “&” sign instead of the “and” conjunction in quotations and references.
* If the number of authors is three or more, only the surname of the first author should be written (e.g., (Aron et al., 2019).
* In APA Style, footnotes and endnotes are generally discouraged. Footnotes should be used only when necessary.
* Each source listed under the "References" heading must be cited in the text, and every source cited in the text should also appear in the references.

**Note:** For a situation not explained in this template regarding article writing and reference, scientific article writing rules should be taken as a basis. Responsibility for articles that do not comply with these rules belongs to the author(s) and in such cases, the Editor has the right to edit or reject the article.