**Title of the Manuscript in English**

**Title of the Manuscript in Turkish**

**Abstract**

Articles should include Turkish and English abstracts and should be on separate pages in the main text file. Turkish and English abstracts should be at least 150 and at most 250 words long for all article types. In articles written in English, the Turkish abstract should come after the English abstract, and in articles written in Turkish, the English abstract should be followed by an English abstract and then an extended English abstract of at least 1000 and at most 1200 words. In research articles, the Abstract and abstract sections should be structured under the following subheadings: Objective, Material and Method, Results, and Conclusion. However, in reviews and case reports, summaries should be written in an unstructured manner. The first line of the paragraphs in the abstract text should be left-aligned and should not be indented. In addition, no references should be given in the abstracts and no abbreviations should be included.

**Keywords**: Xxxxxxx, xxxxxxx, xxxxxx, xxxxxxxx.

**Özet (Abstract in Turkish)**

Articles should include Turkish and English abstracts and should be on separate pages in the main text file. Turkish and English abstracts should be at least 150 and at most 250 words long for all article types. In articles written in English, the Turkish abstract should come after the English abstract, and in articles written in Turkish, the English abstract should be followed by an English abstract and then an extended English abstract of at least 1000 and at most 1200 words. In research articles, the Abstract and abstract sections should be structured under the following subheadings: Objective, Material and Method, Results, and Conclusion. However, in reviews and case reports, summaries should be written in an unstructured manner. The first line of the paragraphs in the abstract text should be left-aligned and should not be indented. In addition, no references should be given in the abstracts and no abbreviations should be included.

**Anahtar kelimeler**: Xxxxxxx, xxxxxxx, xxxxxx, xxxxxxxx.

**Introduction**

All files should be prepared in Microsoft Office Word format. Articles can be in Turkish or English. Manuscripts should be prepared in a single column format. All texts should be prepared in 12-point Times New Roman font. The reference list, abstract, extended abstract (only for articles written in Turkish) should be 1 spaced and 1.15 spaced in the main text. Text should not contain indented paragraphs and paragraphs should be clarified by leaving 1 line (6pt) space. In the references list, 1 line (6pt) space should also be left between the references. (Paragraph-Indent and Spacing-Space-Before-0, After-6 pt in Office). All margins of the page should be 2.5 cms. The total length of any submitted article should not exceed 25 (A4) pages. Line numbers must be added (Layout-Line numbers-Continuous in Microsoft Office Word). No footer, header or page number should be included.

In the article that does not include the author names; title, abstract, keywords, extended abstract in English if the language of the article is Turkish, main text (introduction and purpose, materials and methods, findings, discussion, conclusion, author contribution, conflict of interest, funding support if any and acknowledgment information), references and appendices should be included. The title of the article should be centered above the abstract and only the first letter of the first word and proper names should be capitalized. The title should be written in Times New Roman, bold, 12 points.

At the end of the abstracts (Turkish and English), there should be at least three and at most five keywords selected in accordance with MESH-Medical Subject Headings (https://meshb.nlm.nih.gov/search). The first letter of the first keyword should be capitalized, the first letter of the other keywords should be lowercase, a comma should be used between words, and a period should be placed after the last word.

**Title Naming**

**• Level 1 Headings:** (name of the article, abstract, introduction, materials and method, results, discussion and conclusion, references, appendices): Centered, Bold and Words Begin with Upper Case, Continue with Lower Case Characters.

• **Level 2 Headings:** Lean to the Left, Bold, Words Begin with Upper Case, Continue with Lower Case Characters

• **Level 3 Headings:** Indented (1.25 cm), bold; the first word begins with upper case and continue with lower case and the rest is with lower case.

• **Level 4 Headings:** Indented (1.25 cm) bold, italic; the first word begins with upper case and continue with lower case and the rest is with lower case.

**• Level 5 Headings:** Indented (1.25 cm), italic; the first word begins with upper case and continue with lower case and the rest is with lower case.

Headings should not be numbered. One line should be left blank between sections and following level 1 headings

If the information is to be transmitted with bullets;

• This bullet is used.

In the introduction section, the literature on which the study is based should be briefly summarized. In the last paragraph, the purpose(s) of the study should be clearly stated.

**Material and Method**

The selection and characteristics of the participants, the nature of the study, the methods used and the data analysis should be clearly stated. For clinical and experimental studies requiring ethical committee approval, the approval must include the name of the ethics committee, decision number, and date. The subtitles can be arranged according to the characteristics of the study.

**Results**

The findings of the study should be clearly expressed. Where necessary, the findings can be supported by tables, graphs, figures or drawings.

**Discussion and Conclusion**

The findings should be evaluated by the relevant literature. The limitations of the study should be given in this section. The results of the study and the contribution of the study to the literature and / or clinic should be briefly summarized and written as the conclusion paragraph.

**Tables and Figures**

All tables, figures and graphics should be titled and numbered. The titles of tables and figures should be written on the tables or figures, aligned to the left, 12 pt, Times New Roman font, and lowercase letters other than the first letter of the first word. Information on tables or figures or references, if any, should be written under the table in 10-point Times New Roman font. Tables can be prepared smaller than the font used throughout the text. Figures or pictures must have sufficient resolution. Tables and graphics should be added directly. For example:

**Table 1.** Turmeric and its use in various disciplines

|  |  |  |  |
| --- | --- | --- | --- |
| Discipline | Usage | Purpose | Reference |
| Medicine-Health  | Therapeutic applications | Treatment of H. pylori | Khonce et al. (26) |
| Medicine-Health  | Therapeutic applications | Reduction of triglycerides in obese individuals | Mohammadi et al. (27) |
| Dentistry | Endodontic treatment | Coloring agent in mouthwash, paste, and gels | Güçyetmez and Topal (3) |
| Derma-Cosmetics | Nail and lip care products | Coloring effect  | Rafiee et al. (39) |
| Derma-Cosmetics | Skincare products | Anti-aging, beautifying effect | Singh et al. (38) |
| Food Science  | Food label material | Smart packaging system | Roy et al. (5) |
| Food Science  | Food additive  | Natural antioxidant effect | Hefnawy et al. (44) |
| Gastronomy-Culinary | Spice  | Substitute for saffron | Ayyıldız and Sarper (4) |
| Gastronomy-Culinary | Added to various dishes | Coloring agent  | Dalkılıç (6) |
| Gastronomy-Culinary | Added to various beverages | New taste experience | Dalkılıç (6), Ipar et al. (47) |
| Textile | Fabrics | Coloring effect  | Akar and Bulut (36) |
| Textile-Medical Applications | Textile products  | Antimicrobial coating effect  | Han ve Yang, 2005 (37) |

**Figure 1.** Turmeric and its chemical structure

Reference: (16)

**Author Contribution**

The contribution of authors involved in Conceptualization, Data curation, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Software, Supervision, Validation, Visualization, Writing – original draft, Writing review and editing should be stated separately.

**Example:** Conceptualization: ÖÖA, EA, MVY; Data curation: EA, MVY; Formal analysis: ÖÖA; Funding acquisition: EA; Research: ÖÖA, EA, MVY; Methodology: EA, MVY; Project administration: ÖÖA; Resources: EA, ÖÖA; Software: ÖÖA, EA, MVY; SupervisionEA, MVY; Validation: ÖÖA; Visualization: ÖÖA; Writing – original draft: ÖÖA, EA; Writing review & editing: EA, MVY etc.

**Acknowledgements**

Persons, institutions or organizations that have a direct contribution to the study should be mentioned in this section.

**Financial Support**

If financial support has been provided for the study, it should be mentioned (institution name, project number) in this section.

**Conflict of Interest**

If any financial support (in cash or in kind) has been provided for the submitted research, the authors must state whether there is any relationship of interest between the institutions providing this support and the authors, and if so, the type of relationship. No payment or consideration is requested for articles published in the journal. The editorial board assumes that the authors agree not to send the articles they submit to the journal to another journal before the evaluation process is completed. The compliance of the articles with ethical, scientific, legal and similar rules is entirely the responsibility of the authors. If there is no conflict of interest, the phrase 'The authors declare that they have no conflict of interest.' should be added.

**Reference List**

For example;

1. Moniruzzaman, M., & Min, T. (2020). Curcumin, curcumin nanoparticles and curcumin nanospheres: A review on their pharmacodynamics based on monogastric farm animal, poultry and fish nutrition. *Pharmaceutics*, *12*(5), 447. <https://doi.org/10.3390/pharmaceutics12050447>
2. Rathaur, P., Raja, W., & Ramteke, P. W., John, S. A. (2012). Turmeric: The golden spice of life. *International Journal of Pharmaceutical Sciences and Research*, *3*(7), 1987-1994.
3. Güçyetmez-Topal, B., & Uğur, S. G. (2021). Uses of curcumin in dentistry. *Dental and Medical Journal-Review*, *3*(3), 15-24.
4. Ayyıldız, S., & Sarper, F. (2019). Antioksidan baharatların Osmanlı saray mutfağındaki yeri. *Karabük Üniversitesi Sosyal Bilimler Enstitüsü Dergisi*, *9*(1), 363-380.
5. Roy, S., Priyadarshi, R., & Ezati, P., Rhim, J. W. (2022). Curcumin and its uses in active and smart food packaging applications-a comprehensive review. *Food Chemistry*, *375*, 131885. <https://doi.org/10.1016/j.foodchem.2021.131885>

**Reference Formatting**

Numbers should be used in in-text citation. References are numbered in parentheses ( ) according to their order of appearance in the text. If the source is referred to again, the same number is used. Multiple references should be separated by commas. A hyphen is placed between more than two consecutive reference numbers.

……..that can be recycled to the food industry (10).

were in the range of 0.2–13.47% and 2.44–3.89%, respectively (9, 36, 37).

due to the presence of phenolic compounds in its content (47–49).

Bytyqi (7) aimed to increase the…

Kolakowski and Bernardo (9) determined the chemical composition…

Kolakowski ve Bernardo (9) kimyasal kompozisyonu…

Ozdemir et al. (8) used the crude fiber…

Ozdemir vd. (8) diyet lifi...

**1. Articles**

DOI number must be given in the reference list if available. Before the number, the phrase "doi:" should not be written. The DOI number must be given as a link. If there is no DOI link, the access link of the reference should be given.

Articles that are published, sent for publication, or in print should be cited as follows:

**Main Format:**

**Author's Surname, Author's Names' Initials. (Year). Article title capitalize only the first word of the title and any proper nouns. *Journal Name* (Italic and First Letter of Each Word Capital), *Volume* (Italic) (Issue), Page Number Range. http://doi.org/xx.xxx/yyyyy**

**a. Published journal article: 1 author**

Ayaşan, T. (2013). Effects of dietary inclusion of protexin (probiotic) on hatchability of Japanese quails. *Indian Journal of Animal Science*, *83*(1), 78-81.<http://doi.org>/...

**b. Published journal article: 2 authors**

Badem, A., &Alpkent, Z. (2018). Production of ice cream with carob bean pekmez (molasses). *International Journal of Environment, Agriculture and Biotechnology*, *3*(1), 28-32. <https://doi.org/10.22161/ijeab/3.1.5>

**c. Published journal article: 3-20 authors**

Ozdemir, Y., Oncel, B., &Keceli, M. (2021). Purification of crude fibre from carob molasses pulp and uses in traditional Turkish sucuk. *International Journal of Gastronomy and Food Science*, *25*, 100410. [https://doi.org/10. 1016/j.ijgfs.2021.100410](https://doi.org/10.%201016/j.ijgfs.2021.100410)

**d. Published journal article: 21 and more authors**

Kalnay, E., Kanamitsu, M., Kistler, R., Collins, W., Deaven, D., Gandin, L., Iredell, M., Saha, S., White, G., Woollen, J., Zhu, Y., Chelliah, M., Ebisuzaki, W., Higgins, W., Janowiak, J., Mo, K. C., Ropelewski, C., Wang, J., Leetmaa, A., . . . Joseph, D. (1996). The NCEP/NCAR 40- year reanalysis project. Bulletin of the American Meteorological Society, 77(3), 437–471. <http://doi.org/fg6rf9>

**e. Articles in online magazines**

Thomson, J. (2022, September 8). Massive, strange white structures appear on Utah’s Great Salt Lake. *Newsweek*. <https://www.newsweek.com/mysterious-mounds-great-salt-lake-utah-explainedmirabilite-1741151>

**f. Articles in printed magazines**

Schaefer, N. K., & Shapiro, B. (2019, September 6). New middle chapter in the story of human evolution. *Science*, 365(6457), 981–982. <https://doi.org/10.1126/science.aay3550>

**g. Online newspaper article:**

Roberts, S. (2020, April 9). Early string ties us to Neanderthals. *The New York Times*. <https://www.nytimes.com/2020/04/09/science/neanderthals-fiber-string-math.htm>

**h. Online newspaper article:**

Reynolds, G. (2019, April 9). Different strokes for athletic hearts. *The New York Times*, D4.

**2. Books**

DOI must be given, if available.

**a. Printed Book**

**Main Format:**

**First Author's Surname, First Author's Names' Initials.,& Second Author's Surname, Second Author's Names' Initials. (Year). *Book title* (italic, capitalize only the first word of the title and any proper nouns). (Edition). Publisher. http://doi.org/xx.xxx/yyyyy**

Stone, H., &Sidel, J. (2004). *Sensory evaluation practices*. (3rd ed.). Academic Press. [https://doi.org/10.1016/B978-0-12- 672690-9.X5000-8](https://doi.org/10.1016/B978-0-12-%20672690-9.X5000-8)

Arlı, M., Şanlıer, N., Küçükkömürler, S., &Yaman, M., (2006). *Anne ve çocuk beslenmesi* (9th ed.). Pegem Akademi.

**b. Printed Edited Book**

**Main Format:**

**Author's Surname, Author's Names' Initials. (Ed./Eds.). (Year). *Book title* (italic, capitalize only the first word of the title and any proper nouns). Publisher.** [**http://doi.org/xx.xxx/yyyyy**](http://doi.org/xx.xxx/yyyyy)

Torino, G. C., Rivera, D. P., Capodilupo, C. M., Nadal, K. L., & Sue, D. W. (Eds.). (2019). *Microaggression theory: Influence and implications*. John Wiley & Sons. <https://doi.org/10.1002/9781119466642>

**c. Book Chapter**

**Main Format:**

**Author's Surname, Author's Names' Initials. (Year). Chapter title. In Editors’ Names’ Initials, Editors’ Surname (Ed./Eds.), *Book title* (italic, capitalize only the first word of the title and any proper nouns). (Edition, page range). Publisher** [**http://doi.org/xx.xxx/yyyyy**](http://doi.org/xx.xxx/yyyyy)

Example: (3rd ed., p. 5).

Example: (3rd ed., pp. 5-84).

Dönmez, B. (2013). Motivasyon. In S. Özdemir (Ed.), Eğitim yönetiminde kuram ve uygulama (pp. 185-229) Pegem Akademi.

Aron, L., Botella, M., &Lubart, T. (2019). Culinary arts: Talent and their development. İn R. F. Subotnik, P. Olszewski-Kubilius, & F. C. Worrell (Eds.), *The psychology of high performance: Developing human potential into domain-specific talent* (pp. 345–359). American Psychological Association. <https://doi.org/10.1037/0000120-016>

**d. Book with electronic version only:**

If the date of publication is unknown, use “n.d.” (no date) in parentheses.

Author, A. (n.d.) ...

O'Keefe, E. (n.d.). *Egoism* &*the crisis in Western values.* http://www.onlineoriginals.com/showitem.asp?itemID=135

**e. Electronic version of the printed book:**

Shotton, M. A (1989). *Computer addiction?* A *study of computer dependency* [DX

Reader version]. http://www.ebookstore.tandf.co.uk/html/index.asp

**3****. Master's and Doctoral Theses/Dissertation**

**a. Theses/Dissertation retracted through a database**

**Main Format:**

**Author's Surname, Author's Names' Initials. (Year). *Title* (Publication No. xxxx) [Master's Thesis/Doctoral Dissertation, University]. Retracted database/Web-site.**

İlhan, S. (2013). *Production of bakery products added carob (Locust bean)* ( Publication No. xxxx) [Master’s thesis, Mersin University]. YOK Thesis Centre.

Kabir, J. M. (2016). *Factors influencing customer satisfaction at a fast food hamburger chain: The relationship between customer satisfaction and customer loyalty*(Publication No. xxxx) [Doctoral dissertation, Wilmington University]. ProQuest Dissertations & Theses Global.

**b. Unpublished Theses/Dissertation:**

**Main Format:**

**Author's Surname, Author's Names' Initials. (Year). *Title* [Unpublished Master's Thesis/Doctoral Dissertation]. University.**

Harris, L. (2014). *Instructional leadership perceptions and practices of elementary school leaders* [Unpublished doctoral dissertation]. University of Virginia.

**4. Presentations**

**Main Format:**

**Author's Surname, Author's Names' Initials. (Year, month day). *Title* [Conference presentation]. Name of the scientific meeting, City, Country.**

Gülcü M, Demirci A.Ş., &Güner, K.G. (2008, May 21-23). Siyah Üzüm; Zengin Besin İçeriği ve Sağlık Acısından Önemi. [Conference presentation]. Türkiye 10. Gıda Kongresi, Erzurum, Türkiye.

Evans, A.C., Jr., Garbarino, J., Bocanegra, E., Kinscherff, R. T., & Marquez-Greene, N. (2019, August 8-11). *Gun violence: An event on the power of community* [Conference presentation]. APA 2019 Convention, Chicago, IL, United States. <https://convention.apa.org/2019-video>.

**5. Web pages and websites**

**a. Web Page of the News Site**

Toner, K. (2020, September 24). *When Covid-19 hit, he turned his newspaper route into a lifeline for senior citizens*. CNN. <https://www.cnn.com/2020/06/04/us/coronavirus-newspaper-deliveryman-groceries-senior-citizens-cnnheroes-trnd/index.html>

**b. Webpage on a website with a government agency group author**

National Institute of Mental Health. (2018, July). *Anxiety disorders*. U.S. Department of Health and Human Services, National Institutes of Health. <https://www.nimh.nih.gov/health/topics/anxiety-disorders/index.shtml>

**c. Webpage on a website with an organizational group author**

World Health Organization. (2018, May 24)*. The top 10 causes of death*. <https://www.who.int/news-room/fact-sheets/detail/the-top-10-causes-of-death>

**d.Webpage with a retrieval date**

If the date of publication is unknown, use “n.d.” (no date) in parentheses.

Author, A. (n.d.) ...

U.S. Census Bureau. (n.d.). *U.S. and world population clock*. U.S. Department of Commerce. Retrieved January 9, 2020, from https://www.census.gov/popclock/

**6. Reports**

**a. Report by a government agency references**

National Cancer Institute. (2019). *Taking time: Support for people with cancer* (NIH Publication No. 18-2059). U.S. Department of Health and Human Services, National Institutes of Health. <https://www.cancer.gov/publications/patient-education/takingtime.pdf>

**b. Report with individual authors references**

Maurer, M., Dardess, P., Carman, K. L., Frazier, K., &Smeeding, L. (2012). *Guide to patient and family engagement: Environmental scan report* (Publication No. 12-0042-EF). American Institutes for Research, Agency for Healthcare Research and Quality. <https://www.ahrq.gov/research/findings/final-reports/ptfamilyscan/index.html>

**7. Dictionaries**

If the date of publication is unknown, use “n.d.” (no date) in parentheses.

Author, A. (n.d.) ...

**a. Online dictionary**

American Psychological Association. (n.d.). Just-world hypothesis. In *APA dictionary of psychology*. Retrieved January 18, 2020, from <https://dictionary.apa.org/just-world-hypothesis>

**b. Printed dictionary**

Example: (3rd ed., p. 118).

American Psychological Association. (2015). Mood induction. In *APA dictionary of psychology* (2nd ed., p. 667).

Merriam-Webster. (2003). Litmus test. In *Merriam-Webster’s collegiate dictionary* (11th ed., p. 727).

**8. Wikipedia**

Yağlıboya. (2019, 8 December). In *Wikipedia* .<https://en.wikipedia.org/w/index.php?title=Oil_painting&oldid=929802398>

**9. PowerPoint Slides or Lecture Notes**

Jones, J. (2016, March 23). *Guided reading: Making the most of it* [PowerPoint slides]. SlideShare. https://www.slideshare.net/hellojenjones/guided-reading-making-the-most-of-it

**10. ISO Standards**

International Organization for Standardization. (2018). *Occupational health and safety management systems—Requirements with guidance for use* (ISO Standard No. 45001:2018). <https://www.iso.org/standard/63787.html>