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|  | **FRONTIERS IN HEALTH** |  |
| Article Type | **DOI:** ttps://doi.org/xxxxxxxx |
| **Received:** | **Accepted:** | **Publication Date:** |



**Article Title (Times New Roman, 16, Bold)**

Makalenin Başlığı (Times New Roman, 14)

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| Author[1\*,](#_bookmark0) Author[2,](#_bookmark0)  | **ABSTRACT** **Objective:** The objective of this study is to define the writing rules for the abstract section of articles to be published in the field of health sciences and to explain the standards that authors must follow.**Methods:** All abstracts of articles to be published in our journal must be prepared in a structured format. The abstract should be structured, not exceed 250 words, and include four subheadings: Objective, Methods, Results, and Conclusion. Turkish and English abstracts should contain identical content and be written in a clear, fluent, and comprehensible manner.**Results:** The abstract should briefly state the main aim of the study, the research design, data collection tools, sample characteristics, and analysis methods. Only the most significant findings should be included in the results section, while unnecessary details should be avoided. Statistical outcomes may be supported with p-values, confidence intervals, and key measures. At the end of the abstract, 3 to 6 keywords should be provided, listed alphabetically.**Conclusion:** The abstract should conclude with a clear statement emphasizing the main contribution of the study and its novelty. Authors are advised to prepare the abstract not as a shortened version of the manuscript, but as an independent text highlighting the critical aspects of the study. |
| 1 Xxxxx University, Faculty of Xxxxxx, Department of xxxxx, Şehir, Ülke, \*Sorumlu Yazar-Corresponding Author2 Xxxxx University, Faculty of Xxxxxx, Department of xxxxx, City, Country. |
| ***Keywords:***Keywords 1, Keywords 2, Keywords 3, Keywords 4, Keywords 5, Keywords 6 |
| **ÖZET****Amaç:** Bu çalışmanın amacı, sağlık bilimleri alanında yayımlanacak makaleler için özet bölümünün yazım kurallarını tanımlamak ve yazarların uyması gereken standartları açıklamaktır.**Yöntem:** Dergimizde yayımlanacak tüm makalelerin özet bölümleri yapılandırılmış formatta hazırlanmalıdır. Özet, yapılandırılmış ve 250 kelimeyi geçmemeli ve dört alt başlığı içermelidir: Amaç, Yöntem, Bulgular, Sonuç. Türkçe ve İngilizce özetler birebir aynı içeriğe sahip olmalı ve dil açısından açık, akıcı ve anlaşılır şekilde hazırlanmalıdır.**Bulgular:** Özette, çalışmanın temel amacı, kullanılan araştırma tasarımı, veri toplama araçları, örneklem özellikleri ve analiz yöntemleri kısaca belirtilmelidir. Bulgular kısmında sadece en önemli sonuçlara yer verilmeli, gereksiz ayrıntılardan kaçınılmalıdır. İstatistiksel sonuçlar p değeri, güven aralıkları ve temel ölçütlerle desteklenebilir. Anahtar kelimeler, özetin sonunda, en az 3 en fazla 6 olacak şekilde, alfabetik sırayla verilmelidir.**Sonuç:** Özet, çalışmanın ana katkısını ve alana getirdiği yeniliği vurgulayan net bir cümle ile sonlandırılmalıdır. Yazarlar, özeti makalenin küçük bir özeti değil, çalışmanın kritik unsurlarını öne çıkaran bağımsız bir metin olarak hazırlamalıdır. |
| If the article has been previously published or presented at a conference, this must be clearly stated. |
| *Cite this Article: Xxxx, x., Xxxx, x. (202X). Xxxxxxxxxxxxxxxx. Natural Products and Biotechnology, x(x), xx-xx. (This area is filled by editor.)* |
| ***Anahtar Kelimeler:***Kelime 1, Kelime 2, Kelime 3, Kelime 4, Kelime 5, Kelime 6 |

**1 | INTRODUCTION**

The literature that forms the basis of the research question and the study’s objective must be clearly presented.

Research Articles: Authors must adhere to the relevant reporting guidelines according to the type of their study.

Review Articles: Reviews should be written by authors who are experts in a specific field with a strong publication record. Each review must include an “Introduction” and a “Conclusion” section.

**Table 1.** Article types and requirements

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| --- | --- | --- | --- | --- | --- |
| **Article Type** | **Word Limit\*** | **Abstract Limit** | **Reference Limit** | **Table Limit** | **Figure Limit** |
| Research Article | 3500 | 250 (Structured) | 50 | 5 | 5 |
| Review Article | 5000 | 250 | 50 | 5 | 5 |

\*Word limits exclude abstract, references, tables, and figure legends.

Manuscript Formatting Guidelines

* Manuscripts must be prepared in Microsoft Word® format.
* Font and Size: Times New Roman, 12-point.
* Line Spacing: 1.5 for main text and references; single spacing for the abstract.
* Margins: 2.5 cm on all sides.
* Page Numbering: Pages must be numbered consecutively, starting from the title page, in the bottom right corner.
* Punctuation: One space must follow punctuation marks. A period (.) must be used for decimal numbers (e.g., 0.05).
* Abbreviations: Terms must be defined in parentheses at first use and used consistently throughout.
* Product Information: For any product mentioned (drug, device, software), the manufacturer, city, and country must be indicated in parentheses (e.g., Discovery St PET/CT scanner (General Electric, Milwaukee, WI, USA)).

**2 | MATERIAL and METHODS**

The study design, sample, data collection instruments, and statistical analyses must be described in detail. This section should be sufficiently clear to enable replication by an independent researcher.

**2.1 | Subtitle (Level 2 Heading, 12, Bold)**

Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text

**2.2 | Subtitle (Level 2 Heading, 12, Bold)**

Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text Text

***2.2.1 Subtitle (Level 3 Heading, 12, Bold, Italic)***

Text Text Text Text Text Text Text Text Text Text Text Text Text

***2.2.2 Subtitle (Level 3 Heading, 12, Bold, Italic)***

Text Text Text Text Text Text Text Text Text Text Text Text Text

**2.X | Statistical Analysis**

Appropriate statistical methods must be used for data evaluation and clearly specified. Statistical analyses should be selected in accordance with the aim and design of the study, and the name and version of the software used must be stated in the manuscript.

**2.X | Ethical Approval**

Human Studies: Research must be conducted in accordance with the principles of the Declaration of Helsinki, and approval must be obtained from the relevant ethics committee. In the “Materials and Methods” section of the manuscript, the date and approval number of the ethics committee, as well as a statement confirming that informed consent was obtained from participants, must be provided. For case reports, information on informed consent must also be included in the manuscript.

Animal Studies: Experimental animal studies must obtain approval from the local ethics committee. Compliance with the ARRIVE guidelines should be stated.

Double-Blind Peer Review: During the peer-review process, the names of ethics committees and institutions must not be disclosed in the main text and should instead be anonymized with expressions such as “XXXX.” These details will be clearly stated at the revision stage following acceptance.

**3 | RESULTS**

The main findings of the study should be presented and supported with tables and figures.

Tables and Figures: They must be numbered in the order in which they are cited in the text.

Tables: Should be prepared in 9–10 point font size, with vertical and horizontal borders on both sides.

Figures: Should be submitted as separate files in TIFF or JPEG format, with a minimum resolution of 300 DPI. Figure legends must be listed at the end of the manuscript.

For previously published tables or figures, written permission must be obtained, and this must be clearly stated in the manuscript.

A maximum of 5 figures and 5 tables is allowed for each manuscript.

**Table 2.** Table description part (Times New Roman, 10 pt, Normal).

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| --- | --- | --- | --- | --- |
| **Title** | **Title** | **Title** | **Title** | **Title**  |
| 1. line | 1. line  | 1. line | 1. line | 1. line |
| 2. line | 2. line | 2. line | 2. line | 2. line |
| 3. line | 3. line | 3. line | 3. line | 3. line |
| 4. line | 4. line | 4. line | 4. line | 4. line (Times New Roman, 9-10 pt, normal) |

If there are any notes about the table, it can be written here (Times New Roman, 10 pt, normal)

**Figure 1.** Figure description part (Times New Roman, 10 pt, Normal)

**4 | DISCUSSION**

The findings should be interpreted in comparison with the existing literature. The strengths and limitations of the study should be addressed, and the contributions of the results to the field should be emphasized.

**4.1 | Limitations**

Study limitations should be presented under a separate heading as factors to be considered when interpreting the results. Restrictions regarding sample size, methods used, data collection tools, or generalizability must be clearly stated.

**5 | CONCLUSION**

The main results of the study, practical implications, and recommendations for future research should be clearly stated.

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| ***Peer-review:*** *Externally peer-reviewed.****Conflict of Interest:*** *The author has no conflicts of interest to declare.****Financial Disclosure:*** *The author declared that this study has received no financial support.****Acknowledgements:*** *Acknowledgments may be given to individuals or institutions that contributed to the work but do not meet the criteria for authorship.****Author Contribution Statement****For research articles with several authors, a short paragraph specifying their individual contributions must be provided. The following statements should be used “Conceptualization, X.X. and Y.Y.; methodology, X.X.; software, X.X.; validation, X.X., Y.Y. and Z.Z.; formal analysis, X.X.; investigation, X.X.; resources, X.X.; data curation, X.X.; writing—original draft preparation, X.X.; writing—review and editing, X.X.; visualization, X.X.; supervision, X.X.; project administration, X.X.; funding acquisition, Y.Y. All authors have read and agreed to the published version of the manuscript.” Please turn to the* [*CRediT taxonomy*](https://img.mdpi.org/data/contributor-role-instruction.pdf) *for the term explanation. Authorship must be limited to those who have contributed substantially to the work reported.* |

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Erdoğan, Z. (2022). Dijital çağda çocuk hakları. In M. Çelik & H. Korkmaz (Eds.), *Çocuk ve toplum: Güncel yaklaşımlar* (pp. 120–138). Pegem Akademi.

Gürol, A. P. (2010). Yenidoğan sağlığında masajın yeri. *TAF Preventive Medicine Bulletin,* 9(5), 483–490.

Kasımoğlu, N., & Gürol, A. (2025). The relationship between natural disaster anxiety and prenatal attachment in pregnant women. *The Journal of Perinatal & Neonatal Nursing. Advance online publication*. <https://doi.org/10.1097/JPN.0000000000000914>

World Health Organization. (2023, May 15). *Children’s health and environment.* <https://www.who.int/news-room/fact-sheets/detail/children-s-health>

Both in-text citations and the reference list must follow APA 7th Edition format. Authors are responsible for the accuracy of references.

In-text citations must include author surname(s) and publication year (e.g., Field, 2015). Page numbers must be added for direct quotations (e.g., Field, 2015, p. 14).

DOI numbers must be provided for all references where available. For sources with more than 20 authors, list the first 19 authors, followed by ellipsis (…) and then the final author.

**Single-author article**

…….. (Gürol, 2010).

Gürol, A. P. (2010). Yenidoğan sağlığında masajın yeri. *TAF Preventive Medicine Bulletin,* 9(5), 483–490.

**Two-author article**

………. (Kasımoğlu & Gürol, 2025).

Kasımoğlu, N., & Gürol, A. (2025). The relationship between natural disaster anxiety and prenatal attachment in pregnant women. The Journal of Perinatal & Neonatal Nursing. *Advance online publication.* https://doi.org/10.1097/JPN.0000000000000914

**Multi-author article**

………... (Aydin et al., 2024).

Aydin, M. A., Yıldız, M., Kiyici, M., & Others. (2024). The effect of digital obesity and phubbing level on life satisfaction: Latent profile analysis. *BMC Psychology,* 12, 754. https://doi.org/10.1186/s40359-024-02256-w

**Book**

…………. (Brown, 2018).

Brown, P. (2018). *Child health and development.* Oxford University Press.

**Book chapter**

………… (Erdoğan, 2022).

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**Website**

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